

Starter Fun times

1 Read the clues (1–7) and unscramble and match the words (A–G).

- 1 you buy this to travel by train or go to the cinema
- 2 you write this to remind yourself of something
- 3 these try to persuade you to buy something
- 4 you put this on your wall for decoration
- 5 you send this by phone, often to your friends
- 6 you get this when you finish a course or pass an exam
- 7 you fill this in with details about yourself

- A CKTIET D LENINO MORF
 B TONE C XTTE SSGEMAE
 E VADTER F TERFCICTAIE
 G STOPER

2 Read texts A–C. What kind of text is each one?

A Student details	
Full name:	Dan Andrews
Date of birth:	12/08/2004
Address:	Bell Cottage, 3 Dover's Lane, Melbrooke ML1 6TP
Phone number:	0710 64532
Email:	Dantheman@mymail
Likes & dislikes:	I like watching football, listening to rock & Italian food I don't eat meat

B

Hey, Dad!

I'm going to be late home from football practice today – we're starting later than usual. I'll walk home with Sandie.

Can we go out for pizza this evening?!

Chloe x

C

Hi Enzo! Fancy going to watch the match with me and my dad this evening? He'll give us a lift. We can go to Happy Chicken on the way home. Let me know! Kai

3 Read the texts in Ex 2 again. Write C for Chloe, D for Dan or K for Kai.

Who ...

- 1 says they would like an Italian meal today?
- 2 needs some information from someone else?
- 3 is letting someone know about a change of plan?
- 4 would like to do something with a friend later?
- 5 wouldn't like to have chicken for dinner?
- 6 plays a sport?

4 Decide which words are connected to music, sport, travel or technology.

- band return ticket website
 game design surf perform
 sights festival rock climbing

5 S.1 Listen to some conversations about different places. Where have they been? Match the sentence halves (1–6) with (A–F) and complete them with these prepositions.

at from in on out to

- | | |
|--|-----------------------|
| 1 She went | A Spain. |
| 2 They stayed | B the park. |
| 3 He's | C holiday. |
| 4 She spent the afternoon with her dog | D the beach. |
| 5 They had a great time | E the amusement park. |
| 6 They had a brilliant day | F home. |

6 S.2 Listen to three different people giving instructions. Match the speakers (1–3) to the pictures (A–C).



7 S.3 Complete the instructions with these words. Then listen and check.

don't easy must remember time try

- 1 to put on your glasses.
- 2 It's to get something in your eyes.
- 3 You write your name and student identification number at the top of your paper.
- 4 Just to do your best and worry!
- 5 It's to take the photo.

8 S.4 Listen and match the speakers with these topics.

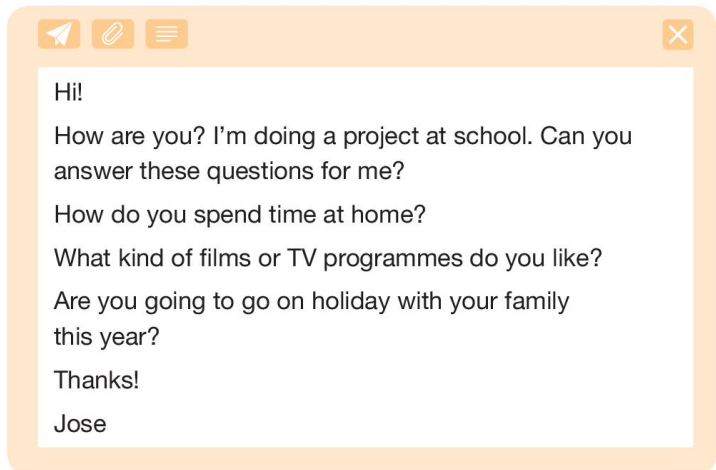
indoor hobbies study travel winter sports

9 S.5 Listen again. Which question is each person answering? Write 1–4. There are four extra questions.

- 1 Which activities did you do last summer?
- 2 What outdoor activities do you like?
- 3 What did you do last weekend?
- 4 Where would you really like to visit?
- 5 How do you like to spend time when you're indoors?
- 6 Have you ever done any winter sports?
- 7 Do you like studying alone or with friends?
- 8 Are you going to go to university?

10 S.6 Listen to some of the questions from Ex 9 and record your answers. Say as much as possible. Then listen to your answers and think about how you could improve them.

11 Read the email from your friend Jose. Why is he writing?



12 Write your reply to Jose. Answer his questions. Write about 100–120 words.

1

The true you

READING

1 Complete the text using these words or phrases. There are two extra words or phrases you do not need.

ahead of came across disturb pretty
saddle shot sleep in worm



Be an *early bird*!

I ¹..... an interesting saying the other day: 'The early bird catches the ².....!'. Birds feed first thing in the morning, so I guess all the food runs out if they're lazy and stay in the nest! What does the saying really mean, though, and is it true?

The idea is that if you do something ³..... other people, you'll be successful. This doesn't mean you have to ⁴..... your sleep by getting up at five a.m. every day or never ⁵..... at the weekend. Imagine there's only one place left in the sports team you want to join but all your friends do, too. You'll need to be ⁶..... quick to ask the teacher if you can try out for it before everyone beats you in the rush!

2 Read the article about young people who do things early in the morning. Why does each person feel it is necessary to get up so early? Choose A, B or C for each person.

- A to help someone
- B to look after someone/something
- C to boost positive feelings



3 e Read the article again. Match the questions (1–10), with the young people (A–D). The people may be chosen more than once.

Which person:

- 1 gives some advice about the activity they do?
- 2 is pleased to have the chance to learn from others?
- 3 has realised that they gain several advantages from their hobby?
- 4 is keen to be successful at a future event?
- 5 believes they have a skill that people they are close to don't have?
- 6 is not always able to do their morning activity?
- 7 tries to make people feel better through doing their activity?
- 8 explains why some people do not enjoy a particular activity?
- 9 has already decided what career they'd like to follow?
- 10 says they would like more people to see what they do?

Extend

4 Find these phrasal verbs in the article, then choose the correct words to complete the sentences.

set off (Ben) going on (Olly) going through (Olly)
coming up (Sophie) deal with (Olly) built up (Talia)

- 1 I just can't deal with / go through getting up early at the weekend. I prefer to sleep in!
- 2 Sally's coming up / going through a bad time at the moment. I wish I could make her feel better.
- 3 Megan's dealt with / built up a lot of experience in fashion design and her clothes are amazing!
- 4 Adam's got an important exam coming up / going on, so he's studying a lot for it at the moment.
- 5 Dad's car's broken down so we'll have to walk to school in the morning. What time do we need to set off / build up?
- 6 What's going on / setting off outside? There's a lot of noise!

5 Complete the sentences with the correct form of the phrasal verbs from Ex 4.

- 1 I am a bad time right now but I'll be OK again soon.
- 2 What time are you for the airport?
- 3 It's important to contacts for the future – they might help you find a job.
- 4 Do you find it easy or difficult to problems?
- 5 What's ? You're late for school every day.
- 6 I've got my driving test soon and I really want to pass it!

Get moving in the morning and prepare for success!

We asked four teenagers to tell us about the stuff they do in the morning

A Ben

What makes me get out of bed is my horse, Goldie. I feed her, groom her, clean out her stable, and if there's time before school, I'll put the saddle on and set off for a quick ride. I've lived on a farm all my life and I love animals. My ambition's to become a vet, so whenever one comes to the farm I start following them around asking questions. Sometimes they don't mind me helping out, which is amazing because I never thought they'd let me do anything. I think my parents thought it would put me off, but no way! I often notice something's wrong with one of our cows when my parents haven't – I've got a special talent for it! Most weekends I help out at a local wildlife park, too. They can't give me much responsibility, but it's a great opportunity to find out about different species.



B Sophie

I'm big into motocross and I've got a competition coming up which I'm desperate to do well in, so I've been getting up most mornings at about six and heading down to the practice track for an hour before classes.

I've been doing motocross since I was seven but I've never competed until now. A lot of people get put off motocross pretty quickly because you fall off the bike a lot and it can hurt like crazy! Now and then riders crash into each other, too, so it's really important to wear the right gear – helmet, goggles, gloves, boots ... even a chest protector. Going out riding without being properly protected just isn't worth it. People ask me why I love motocross, especially as it's still not that popular with girls. It's because it gives me an incredible sense of freedom I don't get doing anything else!



C Olly

No matter how exhausted I am, I always get up the minute the alarm goes off. Why? Because it gives me time to do a bit of vlogging before I run for the bus. I've been making vlogs for as long as I can remember and I've got hundreds of followers now – mainly friends but other people have started checking out my site too, which is cool because I'm trying to reach a wider audience. I vlog about whatever's going on in my life because I think it helps other people my age deal with stuff. It isn't always easy being a teenager and if you know other people are going through the same things, it gives you a bit of support, doesn't it? I try to cover serious topics in my vlogs but in a funny way. Right now I'm making one about 'sleep health' – which I think will help people who feel they don't get enough.



D Talia

I get up at sunrise if I can – though it's not something I can do all year round. In summer it gets light almost as soon as it's gone dark and in winter I'm already at school by the time it gets light! But in spring and autumn, it's the perfect time to go hill-running – basically running over the hills! The views are spectacular – you see fantastic sunrises where the sky turns red and I take a few shots on my phone. I've built up a collection of pictures now which I upload to a weather website. What I love about being up so early is that I never come across anyone else – it's like the countryside's all mine. Some of my mates say I'm mad when I chat to them about it, but running gives me loads of energy, keeps me fit, and I'm sure it helps me with my schoolwork, too. Maybe it's something to do with the oxygen my brain gets while I'm exercising. Who knows? It's a brilliant way to start the day, though!



1 The true you

GRAMMAR

present tenses

1 Match the sentences (1–7) with the grammar rules (A–G).

- 1 The main character, Ethan, goes to the theatre and finds a stranger waiting for him.
- 2 You're getting better at running all the time – well done!
- 3 There are often people on the beach in the mornings.
- 4 Madison's always playing computer games when he should be doing his homework.
- 5 I sleep in at the weekends because I don't go to school.
- 6 Jody doesn't have enough time to go riding every evening.
- 7 It's such a lovely day, I feel like going for a run.

- A present simple for habits, facts and repeated actions
- B present simple to describe what happens in a film or book
- C present simple with stative verbs
- D present continuous for changing situations
- E present continuous with *always* for something that happens often and is annoying
- F adverb after the verb *to be*
- G adverbial phrase of frequency used at the end of a sentence

2 Write sentences in the present simple or present continuous.

- 1 rugby / on / play / usually / my / friends / Saturdays / with / I
.....
- 2 today / exhausted / I / pretty / feel
.....
- 3 ten / out / Belle / tennis / of / times / practice / misses / nine
.....
- 4 am / skills / improving / baseball / my / I
.....
- 5 doing / Kylie / ballet / is / at / training / moment / the / her
.....
- 6 loves / Brooke / guitar / in / playing / the / band
.....
- 7 online / Jamie / to / who / chatting / is / ?
.....
- 8 is / asking / Billie / my / always / taking / football / without
.....

3 Write the adverbs or adverbial phrases (in brackets) in the correct place in the sentences.

- 1 You're watching TV. You should go and get some fresh air! (always)
- 2 I'm learning to drive. (at the moment)
- 3 I am late for my guitar lessons because I love them. (never)
- 4 I don't play baseball in winter. (often)
- 5 Our team wins a match – they're useless! (rarely)
- 6 Jayden visits his grandmother after school. (most days)
- 7 Jude goes to bed early so she can get up early! (every night)
- 8 Alex is speaking to someone on the phone. (right now)

4 Complete the sentences with the present simple or present continuous form of the verbs in brackets.

Do you want to
★ find your **DREAM?** ★

It's OK if you've got a dream, but what if you
1..... (want) to find something cool to do and aren't sure what it is yet?

A lot of people who 2..... (not know) what they want end up doing what other people think they should do. Ask people what their dreams are and you often find they're different from what they 3..... (actually / do) right now. Be the one who's brave enough to do something different!

Think: what 4..... (you / always / think) about?
5..... (you / feel) excited about sport, art, music ... ?
What can't you live without? If you 6..... (always / complain) because you have to practise the piano and can't help being envious of the drummer in that band – quit the piano and learn the drums instead.

The important thing is to set goals to keep yourself motivated. If you stick to them, you'll soon realise that you 7..... (improve) all the time and are well on the way to achieving your dream! ★ ★

5 1.1 Listen. What are the people doing now?

- | | |
|--------------|--------------|
| 1 They | 4 We |
| 2 He | 5 They |
| 3 She | 6 He |



VOCABULARY

follow your dreams

1 Complete the words and phrases with the missing vowels.

- 1 g _ t _ _ n t _ (become interested and start doing)
- 2 g _ v _ _ p _ n (stop hoping)
- 3 b _ w _ r t h _ t (enjoyable or useful enough to do despite the effort)
- 4 t _ k _ p r _ d _ _ n (feel pleased about something you do well)
- 5 p _ t _ _ f f (make someone dislike or not want to do something)
- 6 _ n c _ _ r _ g _ (make someone feel confident)

2 Complete the texts with these words or phrases.

campaign care for charity contribute help out
poverty raise surveys volunteers

I helped to 1..... money by organising a 'wear odd socks day' at school. Everyone wore two socks of different colours for the whole day and we got people to sponsor us! We gave the money to a 2..... which helps stop bullying. It's important to 3..... to education which can change people's lives.

Two friends of mine 4..... at a local food bank in my town. It's where people who are living in 5..... can go and collect free food and have a hot meal. We should 6..... the people who live in our communities.

I'm running a 7..... at the moment to get my town to hold a Paralympics for young people with disabilities. 8..... show that there aren't enough facilities for these people where I live. We're also looking for 9..... to help run the event. It could be you!

3 Add *-ible* or *-able* to make adjectives. Make any other necessary changes.

- | | |
|-----------------|--------------------|
| 1 memory | 5 enjoy |
| 2 comfort | 6 fashion |
| 3 sense | 7 understand |
| 4 respond | 8 suit |

4 Choose the correct words to complete the sentences.


- 1 I find this music so **relaxing** / **stressful** – sometimes I even fall asleep listening to it!
- 2 I love doing karate but the exams are pretty **stressful** / **relaxing**.
- 3 This film's really **tiring** / **scary**! I can hardly watch it!
- 4 Wow! What an **enjoyable** / **incredible** dress – did you make it yourself?
- 5 Playing football's so **tiring** / **scary** – I think I'll go and lie down for a bit.
- 6 I find dancing really **stressful** / **enjoyable**. It's what I love doing best.

Extend

5 Look at the adjectives with *-ible* / *-able* below (1–6) and match them with their meanings (A–F).

- 1 I don't think these apples are **edible** any more – they've gone brown.
- 2 Kane's not a very **sociable** person. He spends a lot of time alone.
- 3 I found the people very **hospitable** on holiday – everyone was happy to help.
- 4 You should always be **visible** when you're riding a bike. Use lights and wear light colours.
- 5 You look **miserable**. Has something bad happened?
- 6 This puzzle is **impossible**! I can't do it at all!

- A cannot happen or be achieved
- B able to be seen
- C friendly and welcoming to visitors
- D very unhappy
- E likes meeting and spending time with people
- F suitable or safe for eating

6  1.2 Listen to six people describing something. Complete the sentences with the adjectives from Ex 5.

- 1 She's very
- 2 The homework is
- 3 The cake isn't
- 4 He's feeling
- 5 She is
- 6 The castle isn't



1 The true you


LISTENING

1 Complete the sentences with these words or phrases. Change the form of the verb where necessary.

bet break a record disappointing embarrassing
final hardly spill

- 1 I can believe what happened at the end of that film – amazing!
- 2 I don't like speaking in front of people. My voice sounds silly and it's so !
- 3 Have you ever during your sporting career?
- 4 Oh, no! You've your drink all down my top! It's brand new!
- 5 Are you coming to our house to watch the football on Saturday?
- 6 I you're really pleased that you passed your sailing test, aren't you?
- 7 It was to lose the tournament as we really wanted to win.

2 Read the descriptions of the speakers (1–8) in Ex 3. Who will you hear speaking? Are the people talking about the same things or different things?

3  1.3 Listen to people talking in eight different situations and choose the correct answer, A, B or C.

- 1 You hear a girl talking about writing a blog. What is she doing?
A describing how to find followers for a blog
B giving advice about how to find topics to blog about
C correcting people's ideas about what blogging involves
- 2 You hear two students talking about choosing subjects to study at college. The boy thinks that he should
A do subjects that will help him find work.
B study what he feels excited about.
C follow his parents' advice.
- 3 You hear two friends talking about doing a pottery course. How does the girl feel about it?
A excited about learning a new skill
B worried that she won't be very good at it
C surprised by the boy's interest in pottery
- 4 You hear two friends talking about organising a music event. What do they think might be difficult about it?
A finding an audience to attend it
B finding a venue for the event
C finding a band to play at it



- 5 You hear two friends talking about the girl's hobby of sewing. What does she want to do next?
A create a website
B start a sewing group
C attend a higher-level course
- 6 You hear a teacher talking to his class about stories they have written. What would he like his students to do?
A read more novels
B try writing in different styles
C give feedback on each other's work
- 7 You hear two friends talking about a short film they have made. What do they both say about it?
A The sound was disappointing.
B The acting was embarrassing.
C The plot was confusing.
- 8 You hear a teacher talking to her class about a school concert. What does she want students to do?
A practise for it outside class
B suggest ideas for what to include in it
C start trying to sell tickets for it

Extend

4 Read the sentences with words from the recordings. Match the words in bold (1–6) with the meanings (A–F).

- 1 There's a **common** belief that teenagers get bored easily but it isn't true!
 - 2 You're so **competitive**! You don't have to be the best at everything!
 - 3 I don't really like **creative** writing. I prefer writing about facts and figures.
 - 4 Dan's very **practical**. He can fix cars and do repairs on houses.
 - 5 This homework's really **challenging** – you have to think a lot to get the right answers.
 - 6 I'm not very **imaginative**. I can't create things because I don't know what to do.
- A popular
B good at dealing with problems
C trying hard to be more successful than other people
D difficult
E good at thinking of ideas
F using imagination and being original

USE OF ENGLISH 1

1 Choose the correct words to complete the text.

Teen-spiration: artist and fashion designer

Isabella Rose Taylor

Isabella Rose Taylor has ¹never / ever even thought about giving up on her dreams. Isabella has been painting ²for / since the age of three, and after she did a sewing course at the age of eight, she started designing fashion items, going on to make clothes and other things which she sold to friends. She ³has been designing / has designed ever since!

At 11 Isabella finished high school and went on to study Fine Arts at college. At 13, she already had her first clothing line. In 2017 she graduated with a degree in Fashion Marketing – when she was only sixteen!

Isabella is now a keen businesswoman and a recognised artist, and she has been launching cool clothing collections ⁴for / since several years. She ⁵has won / has been winning national and international awards for poetry and art, has appeared on TV shows and in magazines, and has inspired a whole load of Generation Z-ers in her TED talks.

All this, and she hasn't reached her 20th birthday yet! We think she's one of the most inspirational young people we've ⁶already / ever heard of!

2 Complete the sentences with these words.

already ever for just never since still yet

- I've watched this video about a boy who's climbed Everest – it was amazing!
- Have you designed anything like furniture?
- Arran's been doing computer programming he was about six.
- Haven't you finished the project ? You've been working on it for ages.
- Ben's won an award for his robot designs and he's only eleven!
- Julia's acted in a TV series about four years.
- I've sung in front of an audience before.
- I've got a bit of work to do on my new book but I'm almost finished.

3 Complete the sentences with the correct form of the verbs.

- Jade (just / pass) her driving test. She can take us to the cinema now!
- Zeke (cut) Mum's hair – it looks awesome. He should be a hair stylist.
- Have (you / ever / fly) a plane? My brother's learning now. It's brilliant.
- I (work) on my new painting for a couple of days. It's looking good.
- This is the worst match our team (ever / play) in. Why are we doing so badly?
- How long (you / study) Japanese? You're really good at it.
- Jacob (want) to learn the double bass for a few years. He should just go and do it.
- I (try) to build up some experience in engineering over the last year.

4 e Rewrite the sentences using the word given. Use between two and five words, including the word given.

- Josie started training last January for the London Marathon.
BEEN
Josie the London Marathon since last January.
- This is the first time the company has accepted an app I've designed.
HAS
The company accepted one of my app designs before.
- I saw Carlo on TV a few minutes ago talking about his medal for skiing!
SEEN
I Carlo on TV talking about his medal for skiing!
- You skateboard in the street all the time – why don't you go to the park instead?
SKATEBOARDING
You in the street – why don't you go to the park instead?
- Maddy started yoga two years ago.
DOING
Maddy two years.
- Every day you improve at this computer game!
GETTING
You at this computer game every day!
- Michel is too busy to visit his grandparents every weekend.
TIME
Michel to visit his grandparents every weekend.
- I was ten when I first wanted to be a doctor.
WANTED
I a doctor since I was ten.

1 The true you

USE OF ENGLISH 2

1 What am I? Look at the pictures and write the words.



- | | |
|---------|----------|
| 1 | 7 |
| 2 | 8 |
| 3 | 9 |
| 4 | 10 |
| 5 | 11 |
| 6 | 12 |

2 Complete the sentences with words about fashion and style.

- You look very s _ _ _ t. Are you going to a wedding?
- Aww, that's a c _ _ e little button with the rabbit on it!
- I don't have many a _ _ _ _ _ _ _ _ s like jewellery.
- I love p _ _ e colours, like lemon or cream.
- I don't wear very f _ _ _ _ _ e clothes like dresses or skirts. I prefer jeans.
- My room's painted in a b _ _ d orange colour - it's lovely and bright!
- I love your o _ _ _ _ t! Where did you get the jacket and T-shirt from?
- Blake always wears c _ _ _ _ l clothes, even for formal events.
- My little sister loves wearing a b _ w in her hair.
- I often decorate my notebooks and diary with fun s _ _ _ _ _ s which make them look nice.
- I love this bag. It's got a long s _ _ _ p so I can wear it over my shoulder.
- Men wear a b _ _ t _ _ with a dinner suit.

3 e Read the article and choose the correct answer, A, B, C or D.

How to write a fashion blog

Whether you ¹..... to get a job in fashion by writing a blog, or you just do it for fun, there are a few things you should do if you want your blog to be successful. You probably won't ²..... a record with follower numbers straightaway, so ³..... things that interest you so you can blog about them, rather than trying to guess what readers want.

Choose a name which is not only ⁴..... but reflects you and your fashion ⁵..... . Then decide whether you will write or just post photos. And if you're posting photos, will they be of the whole ⁶..... you're wearing today or things you've seen other people wear?

Finally, a simple design in ⁷..... colours which you've produced yourself can be just as interesting as one created by a web designer. Remember, your blog just needs to be easy to read and find your way around. When you start getting followers, you'll realise that all your hard work's ⁸..... worth it!

- | | | | |
|--------------|---------------|--------------|-------------|
| 1 A like | B aim | C go | D prefer |
| 2 A do | B hit | C break | D gain |
| 3 A get into | B get on | C get around | D get up |
| 4 A reliable | B comfortable | C enjoyable | D memorable |
| 5 A style | B way | C manner | D form |
| 6 A set | B outfit | C accessory | D piece |
| 7 A bold | B hard | C clear | D heavy |
| 8 A been | B made | C gone | D had |

Extend

4 Complete the sentences with these words or phrases.

dressing gown evening dress sunglasses
sweatshirt tracksuit walking boots

- You wear to go up a mountain.
- You wear a to do sport in.
- A and jeans is a casual outfit.
- You wear when it's very bright outside.
- You wear a over your pyjamas when you get up.
- Women can wear an when they go to a fancy dinner or party.

SPEAKING

1 Match the questions (1–6) with the answers (A–F).

1 Are you into sport?

2 What kind of food do you like?

3 Is there a lot to do in your home town?

4 Do you come from a large family?

5 Have you been coming to this school long?

6 What's your greatest ambition?

- A** To be honest, it's a bit boring
- B** No. In fact, I've only just started here.
- C** No, I'm not very good at it.
- D** I'm interested in becoming a politician.
- E** I'm a big fan of Italian and especially Chinese.
- F** Actually, there are only three of us.

2 Complete the sentences with the correct form of these words.

especially fan hate interested into keen love stand

- 1** I can't football! I don't understand why everyone loves it!
- 2** Mum and Dad are really on Mexican food but I prefer Indian.
- 3** My sister's sport in a big way – she spends every spare minute at the gym.
- 4** I'm not a big of sci-fi films. Action's more my kind of thing.
- 5** Oh, I this song! Turn it up!
- 6** I like all kinds of music, R and B.
- 7** Katie this programme. Change the channel, quick!
- 8** Are you in motor racing?



3 **1.4** Listen to some students answering questions about their interests. Write down the questions you think they are asked.

- 1**
- 2**
- 3**
- 4**
- 5**
- 6**

4 Read the questions and answers. Expand on the answers, using the phrases for giving more information. The answers do not have to be true for you.

- 1** **Q:** Do you enjoy reading?
A: Yes, I love it! In fact, ...
- 2** **Q:** Do you have any interesting hobbies?
A: I go skiing in winter, but to be honest, ...
- 3** **Q:** Tell us about the best film you've seen recently.
A: Let me think ... Actually, ...
- 4** **Q:** What kind of food do you like?
A: I love the food of my own country, especially ...
- 5** **Q:** How do you usually spend your evenings?
A: I don't do much after school because I'm tired. To be honest ...
- 6** **Q:** Do you enjoy going shopping?
A: No, I hate it! In fact, ...

5 **1.5** Listen to the questions and record your answers. Listen to your answers and think about how you could expand on them. Then try to answer the questions again.

1 The true you

WRITING

an essay

- 1** Read part of a student's essay. What do you think the essay question was? Choose A or B.
- A** How can young people contribute to their community?
 - B** Why should young people care about their community?

There are many things young people can do to help out in their community. These include helping others and taking care of the place where they live.

For example, older people in our communities may be lonely. Calling in to check on neighbours can help not only older people who have someone to talk to, but younger people who can get great advice about life! In addition, offering to babysit or volunteering for a charity which helps others can provide young people with useful skills.

Communities can also be improved by looking after our surroundings. This could mean collecting rubbish off the streets or keeping homes and gardens clean and tidy. Everyone wants to live somewhere nice!

To sum up, there is plenty young people can do to help their community, and in return, they receive benefits, too.

- 2** Which notes do you think the essay question included? Choose A or B.

A Write about:

- 1** things to do
- 2** being a volunteer
- 3** (your own idea)

B Write about:

- 1** people
- 2** the environment
- 3** (your own idea)

- 3** What is missing from the student's essay? Choose A, B or C.

- A** an introduction
- B** a third point
- C** a conclusion

- 4** Which would be a good third point to include?

- providing entertainment
- using public transport
- shopping at local businesses
- doing jobs at home
- spending time with family



- 5** Choose the correct words to complete the sentences.

- 1** My parents moved out of the city I grew up in **because** / **owing to** it was so dirty and expensive.
- 2** I didn't want to move **due to** / **since** all my friends still lived in the city and I missed them.
- 3** I expected the countryside to be really boring **so** / **as** I was surprised to find it wasn't!
- 4** In fact, I immediately made some great friends **as a result** / **therefore** of spending more time outdoors.
- 5** **As** / **Due to** being in the fresh air and eating home-grown food, I became healthier, too.
- 6** My parents are much more relaxed **as** / **owing to** they both work from home now.
- 7** We also spend more time together as a family **owing to** / **as a result** my parents having more free time.
- 8** **Therefore** / **Due to** I'd definitely recommend moving to the countryside!

- 6** Read the task. Think about the points you would like to include.

It's better for young people to go to a small village school than a large one in a city. Do you agree?

Write about:

- 1** attention from teachers
- 2** making friends
- 3** (your own idea)

- 7 e** Write your essay in 140–190 words using all the notes. Give reasons for your point of view and remember to check your work.

UNIT CHECK

1 Complete the sentences with the present simple or present continuous form of the verbs in brackets.

- I (usually / visit) my grandparents at the weekend.
- I (read) a great book at the moment called *Starshine*. It's hard to read but it's worth it.
- My brother takes pride in achieving things. He (study) hard for his judo exams right now.
- In the film, the bad guys (break into) the Tower of London.
- I (often / feel) exhausted after school!
- Dad (always / sing) in the car – it's really annoying!
- It's five o'clock in the morning and I (already / get up) for school. I want to get ahead with doing my homework.
- Nine times out of ten we (miss) the beginning of a film.

2 Complete the article about a Korean model called Han Hyun Min using the present perfect simple or continuous.

Han Hyun Min: the supermodel of Seoul



Han Hyun Min ¹..... slowly (change) the way his community views him. Half Nigerian and half Korean, he knew he didn't look the same as the children he grew up with in Korea. But Han ²..... (be) a model since 2016, when a model agency discovered his pictures on Instagram. Since then, he ³..... (become) one of Seoul's top models and ⁴..... (take part) in many fashion shows. He taught himself how to model from YouTube videos and is a fashion sensation in his city.

Han ⁵..... (inspire) young people of mixed race ever since, some of whom ⁶..... (face) problems because of the way they look. Every day, there are more and more mixed-race models in the media, and that's because people like Han don't give up, even when they're told they won't succeed!



3 Complete the sentences with these words or phrases. There may be more than one correct answer.

as as a result because due to owing to
since so therefore

- I love living in the countryside it's beautiful.
- the poor weather, the bus is cancelled.
- There were too many people on the beach we rode into the hills instead.
- My aunt loved being a volunteer and I do, too!
- the number of people living in the block, it can get really noisy.
- Mr Carlisle is away on a climbing trip. he won't be giving the class today.
- you got here so late, we had to start the test without you.
- Sorry, I can't come to your house after dinner I've got a project to finish for school.

4 Complete the adjectives with *-able* or *-ible*.

- | | |
|----------------|----------------|
| 1 comfort..... | 5 enjoy..... |
| 2 vis..... | 6 imposs..... |
| 3 memor..... | 7 fashion..... |
| 4 sens..... | 8 soci..... |

5 Match the words in (1–10) with (A–J) to make compound nouns.

- | | |
|------------|---------|
| 1 wedding | A gown |
| 2 hair | B shirt |
| 3 hand | C dress |
| 4 walking | D suit |
| 5 rain | E tie |
| 6 sweat | F bag |
| 7 bow | G coat |
| 8 track | H clip |
| 9 dressing | I boots |
| 10 evening | J ring |

6 Choose the correct preposition to complete the phrasal verbs in the sentences.

- How did you get **into** / **onto** snowboarding? Have you always done it?
- I've given up **for** / **on** my dream of playing the drums. I'm terrible at it!
- Don't let slow progress put you **off** / **of** trying to draw. You'll improve soon.
- It's important for us to care **for** / **on** people in our communities who live in poverty.
- I've been helping **in** / **out** at an animal rescue centre.
- I'm sleeping **in** / **out** tomorrow so please don't ring me before ten o'clock!