Looks

You never get a second chance to make a first impression.

Andrew Grant

UNIT LANGUAGE AND SKILLS

Vocabulary:

- Show what you know personality, appearance, clothes
- clothes and accessories
- verb phrases to do with clothes
- synonyms appearance and personality
- Words for free personality
- relationship phrases
- compound adjectives
- Word in focus look

Grammar:

- dynamic and state verbs
- Present Perfect Continuous

Listening:

• a radio programme about friendship

Reading:

an article about genes

Speaking:

describing a photo

Writing:

describing a person

MATURA FOCUS

Temat maturalny:

człowiek

Słuchanie:

• prawda/fałsz str. 15

Czytanie:

• wybór wielokrotny str. 17, 23

Środki językowe:

- minidialogi str. 22
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- Grammar Focus Reference and Practice str. 115–116
- WORD STORE booklet str. 2-3
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- MyEnglishLab

1.1 Vocabulary

Appearance • personality

I can describe people's appearance and talk about their personality

SHOW WHAT YOU KNOW

1 In pairs, put the words in the box under an appropriate heading.

blond caring curly hair hard-working trainers outgoing top selfish suit tall

Personality Appearance Clothes

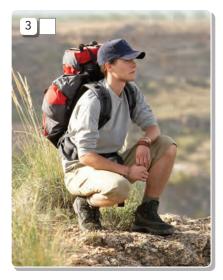
2 Add more words to each list. Which words can you use to describe your partner?

Julia is tall with dark hair. She's hard-working and she usually wears ...

3 Read the text about Facebook profile photos. Match photos 1–4 with descriptions A–F. There are two descriptions that you do not need.









Listen to four Facebook users describing their profile photos. Which photo in Exercise 3 does each person describe?

- Angie
- Beckv
- Tim
- Jon

Facebook profile photos and what they mean

Did you know that you reveal something about your personality each time you choose a new profile photo? Here are some of the most common photos, and what they say about you.

A the pretty portrait

Girls often take photos of themselves. They do their hair, put their make-up on, look straight into the camera, and 'click'.

What it means: Look at me - I'm gorgeous, fascinating and mischievous!

B the strange close-up

You can just see one eye, or a mouth, or part of the face from an unusual angle.

What it means: Hey, I'm creative and imaginative, but I'm also cool, sophisticated and stylish.

C the party shot

A group of friends at a party, laughing with their arms in the air.

What it means: I'm charming. I'm really popular, I'm one of the gang!

D the romantic shot

Two people with their arms around one another (or in extreme cases, kissing).

What it means: Look at me - I'm on a date. I'm going out with somebody! We're a couple! Are you jealous?

E doing something interesting

You're mountain climbing, scuba diving, bungee jumping or riding a camel in the desert.

What it means: I'm dynamic and adventurous and I like taking risks.

F you as baby

You're in your late teens, but you post a cute photo of yourself as a baby. What it means: Look, I used to be cute and adorable, and I still am! And maybe I'm a bit immature and childish and I don't want to grow up.

5	CD•1.13 MP3•13	Listen	again	and	tick	the	items	0
	clothing that y	ou hea	r.					

Angle:	bangles, a silver ring, vintage sunglasses
	a scarf, a white cotton top
Tim:	a suit, a designer dress, a bracelet,
	a waistcoat, a tie
Becky:	mittens, a winter coat, a woollen hat,
	thick tights
Jon:	shorts , a sweatshirt , a fleece,
	hiking boots , a baseball cap

6 In pairs, discuss the questions.

- What other types of Facebook profile photos can you think of? Describe them.
- What Facebook profile photo do/would you use?
 Describe it and say why.

WORD STORE 1A

- 7 CD-1.14 MP3-14 Complete WORD STORE 1A with the words from Exercise 5. Then listen, check and repeat.
- 8 In pairs, describe the type of clothes you would wear in the following situations. Add any useful words to WORD STORE 1A.

at school at home on a night out at a wedding on a walk in the mountains at the beach at a house party

WORD STORE 1B

9 CD-1.15 MP3-15 Complete WORD STORE 1B. Match the verb phrases in the box below with the definitions. Then listen, check and repeat.

clothes fit you clothes match get undressed get changed get dressed clothes suit you

- 10 Complete the questions with an appropriate verb. Then ask your partner.
 - 1 Do you try to buy clothes that <u>match</u> the colour of your eyes or hair?
 - 2 Which colours and styles do you think _____ you best?
 - 3 How long does it take you to _____ dressed for a party?
 - 4 Do your last year's clothes still _____ you?
 - **5** Do you ____ changed when you get home from school?

WORD STORE 1C

- 11 CD-1.16 MP3-16 Complete WORD STORE 1C with the adjectives in red from the text. Then listen, check and repeat.
- 12 Choose the best alternative to complete the sentences.
 - 1 Ania knows a lot about art and fashion. She's very adventurous sophisticated
 - **2** Greg's really childish. I think boys are more *gorgeous / immature* than girls at that age.
 - **3** He's a very nice young man. But he can be *cheeky / charming* sometimes.
 - 4 What a beautiful baby! Look at her *cute / stylish* little nose!
 - **5** The two older children are quite rude, but the youngest is absolutely *adorable / imaginative*.
- 13 Think of three people you have a photo of on your phone, on your desktop or in your wallet. Describe them to your partner. Use words from WORD STORE 1C.

Magda's my best friend. She's gorgeous and ...

WORD STORE 1D

- 14 CD-1.17 MP3-17 Complete WORD STORE 1D. Translate the *Words for free*. Then listen and repeat.
- 15 In pairs, write true example sentences for each of the Words for free.

1.2 Grammar

Dynamic and state verbs

I can understand the difference between dynamic and state verbs and use them correctly

- 1 Imagine you are going to a weekend music festival in the summer. In pairs, discuss what you would wear.
- CD•1.18 MP3•18 Read and listen to Jo Mack and answer the questions.
 - 1 Who does she work for?
 - 2 Where is she now?
 - 3 What is she doing there?

HOW TO DRESS: FESTIVAL FASHION Welcome to our regular feature. This week we are looking at

what people wear to music festivals.



Jo: Hi! I'm Jo Mack and I work as a fashion editor for HIP magazine. I think I must have the best job in the world because today I'm working at the COACHELLA music festival in California. The question I'm asking is 'What is the "Festival Look" this year?' Ten thousand people are listening to music here and I believe the temperature is 32°. I know the Killers are on later and I'm thinking about going to see them, but right now I'm speaking to people about what they're wearing and why.

Read the GRAMMAR FOCUS and look at the verbs in blue in the text. Which verbs describe an action and which describe a state?

GRAMMAR FOCUS

Dynamic and state verbs

- Most verbs have dynamic meanings. They describe actions: something 'happens'. You can use them with simple or continuous forms. I work as a fashion editor for HIP magazine.
 - Today I'm working at the COACHELLA music festival.
- Some verbs have stative meanings. They describe states: nothing 'happens'. You cannot use them with continuous forms.
 - I believe the temperature is 32°. (NOT I'm believing)

A few verbs (e.g. think, have, look) have both dynamic and stative meanings. The meanings are different:

I think I must have the best job in the world. (think = believe \rightarrow stative) I'm thinking about going to see them. (think = consider \rightarrow dynamic)

CD-1.19 MP3-19 Read and listen to Jo's interview with Anna. Decide which of the underlined verb phrases are state verbs and which are dynamic verbs.

Hi! I'm reporting on festival fashion Jo: for HIP magazine. I like your hat.

Anna: Thanks. I don't usually wear hats. But it's really hot, so I'm wearing this baseball cap. It belongs to my boyfriend. He doesn't need it because he isn't here today. He's revising for his exams!

Oh, that's a shame. Jo:

Anna: No, it's OK. My boyfriend hates festivals. He prefers listening to music at home. I really want to see the White Stripes - I listen to their music all the time!

CD-1.20 MP3-20 Complete Jo's interview with Tom with the correct present form of the verbs in brackets. Then listen and check.

Jo: Hi! I'm reporting on festival fashion for HIP magazine. 1Are you enjoying (you/enjoy) the festival?

Tom: Yes, | 2____ _ (have) a really good time.

(love) your T-shirt. Tom: Oh, thanks! It's my festival T-shirt!

Oh, it 4 (look) great. But why 5 Jo: (you/wear) jeans? It's so hot!

Tom: My legs are very skinny and so I 6 (never/wear) shorts, even in summer. In fact, I 7_____ (not have) any shorts!

So which bands 8_____ (you/want) to see Jo: today?

Tom: | 9 $_$ (like) the Foo Fighters, but I 10 _ (not know) when they're on. I 11_____ (look) for a festival programme.

I have one here – oh, they ¹²_____ (play) now.

Tom: Oh right – thanks! See you.

- 6 Look at Jo's interview with Tom again. Find two verbs with both dynamic and stative meanings and explain the differences in meaning.
- Write true sentences about yourself with the affirmative or negative form of an appropriate present tense.

1 I _____ (need) a new pair of trainers.

2 I _____ (wear) my favourite T-shirt today.

3 I _____ (buy) all my clothes online.

4 I _____ (like) shopping.

5 I _____ (think) most clothes are too expensive.

6 I _____ (think) of going shopping later.

8 In pairs, ask each other questions based on the sentences in Exercise 7.

Do you need a new pair of trainers?

Grammar Focus page 115

.3 Listenino True/False I can understand a radio programme about friendship 'A friend is someone who knows everything about you and still likes you.' 1 Work in pairs. Read sayings A-C about friendship and discuss the questions. C \ 'There is nothing better than a friend, apart 1 Which saying do you like best? Why? from a friend with 2 What qualities should a close friend have? B 'The best mirror you chocolate.' 3 How would you complete the sentence: can have is an old friend.' A true friend ...? 2 CD-1.21 MP3-21 Listen to a radio programme about friendship and choose the correct numbers. What numbers would be true CD-1.22 MP3-22 Listen to four dialogues. Match the dialogues for you? with descriptions A-E. There is one extra description. 1 Jenny's got 2/5 or 6/more than 10 close A They get on really well together. friends. 2 B They've lost touch. **2** Jenny's got 313 / 330 / 333 online friends. 3 C They don't have much in common. 3 Fraser's got no / 2 / 3 or 4 close friends of the 4 D They're always there for each other. opposite sex. E They've fallen out. 3 Match words and phrases a-f from the radio 7 Complete the questions with an appropriate preposition or particle. programme with the underlined phrases in 1 What do you have __in_ common with your best friend? Exercise 4. 2 Why do you get _____ so well together? a socialises - hangs out **3** Have you ever fallen ? **b** lose touch with – **4** Where do you usually hang ___ c has a lot in common with – 5 Do you think you'll ever lose touch _____ each other? d is always there for you – 8 In pairs, think about your best friend and ask and answer the e fallen out – questions in Exercise 7. **f** gets on well with -**EXAM FOCUS True/False** PRONUNCIATION FOCUS 4 CD-1.21 MP3-21 Listen to the radio CD-1.23 MP3-23 Write the numbers in full. Then listen, check and programme again. Are statements 1-6 true repeat. (T) or false (F)? a 515 - five hundred and fifteen 1 Jenny has a good relationship with **b** 214 – two hundred _____ fourteen all her online friends. c 3,330 – three thousand, _____ hundred ____ 2 Jenny thinks it takes time to become **d** 19,901 – nineteen _____ nine ____ and ____ close friends. e 717,880 – seven hundred _____ thousand, 3 Jenny says friends sometimes stop seeing each other when they've **f** 4,460,416 – four million, _____ had an argument. _____ , four _____ 4 Fraser has similar interests to all his close friends. 10 Choose two numbers and dictate them to your partner. Check the number and the spelling. 5 Fraser doesn't think a good friend is always reliable in a crisis. 80,990 4.018.313 17.013 440,615 60,930 6 Fraser <u>hangs out</u> with both boys and girls. WORD STORE 1E 5 How many different kinds of friends do you have? For example, close friends, online

friends, etc. Tell your partner.

11 CD-1.24 MP3-24 Complete the phrases in WORD STORE 1E with the correct prepositions. Then listen, check and repeat.

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1.4 Reading

Multiple choice

I can understand an article about genes

 Match part-words in box A with words in box B to make at least ten more family words.

Α	ex-	grand	great-	great-great-
	half-	-in-law	second	d step

B aunt brother daughter father grandmother grandfather husband mother nephew niece sister son uncle wife

granddaughter, great-great-grandfather, mother-in-law ...

2 Use different family words from Exercise 1 to describe yourself. Draw a diagram.

I'm Adam's great-grandson.



- 3 Look at the diagram in Exercise 2. Choose three people from your family and describe them to your partner. Who do you look like most?
- 4 Read the article. Tick the things you can inherit from your parents and/or ancestors.
 - **1** your health
 - 2 your eye, hair and skin colour
 - 3 your facial features
 - 4 your lifestyle
 - 5 poor eyesight
 - 6 baldness
 - 7 left-handedness
- 5 In pairs, describe the things that you think you have inherited from your parents and ancestors.

I've inherited my hair and my eyes from my father. I've inherited my mother's small feet.

TEEN SCIENCE

CD•1.25 MP3•25

Who do you look like? Are you good-looking like your mum, well-built like your dad, fair-haired like your brother or sister, or really, really tall like your great-great-grandparent? Do people say you're just like your father, or just like your mother, or that you take after your grandparent in every way? Or do people ask where you come from because you look so different from the rest of your family?

our genes are responsible for your appearance and your health. Half your genes are from your mother, the other half from your father. You are not identical to your mother or your father, but you probably look a bit like both of them. Or you may resemble one of your ancestors, for example a great-great-grandparent. But even if you are like other members of your family, you are unique. Your genes are different from everyone else's genes. The only people who have exactly the same genes are identical twins.

Some of the features you inherit from your parents are hair, eye colour, skin colour and facial features like the size and shape of your nose.

You probably have the same hair colour as one of your parents, but this is not always true. Two dark-haired parents can have a blond or red-headed child. This happens when there was a blond or red-headed ancestor. It is common for red-headed children to have freckles, even if the parents don't have them.

The strongest, or dominant gene in eye colour is brown. If both parents have brown eyes, their children probably have brown eyes too. It's also common for two

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Twin sisters Hayleigh and Lauren with their parents and baby twin sisters

brown-eyed parents to have a blue-eyed child, but
unusual for two blue-eyed parents to have a browneyed child. As well as eye colour you can inherit
poor eyesight from your parents. So if you're shortsighted you're probably not the only person in your
family who wears glasses.

Tall parents usually have tall children and short parents usually have short children. But this isn't always true – in fact, children are getting taller thanks to improved diets and healthier lifestyles.

55 50% of men with bald fathers will lose their hair. But the gene for baldness can come from the mother's family too – boys should look at their mother's father. They may take after him.

There are many different skin colours: from black, dark brown, brown, light brown to white. Most families share the same skin colour, but black parents can give birth to a lighter-skinned child if they have paleskinned ancestors.

Usually, a black and a white parent have darkskinned children because black is a dominant gene. But twin sisters Hayleigh and Lauren are exceptions. One twin is black, and the other is white. Hayleigh looks exactly like her black father and Lauren is the image of her white mother. This was only possible because their father had a white relative in his past.

Finally, if you are left-handed, or if you have dimples in your cheeks or chin, you can thank your genes.

EXAM FOCUS Multiple choice

- 6 Read the article again. For questions 1–6, choose the correct answer A–D.
 - 1 Your genes
 - A come mainly from your mother.
 - **B** mean you always resemble one of your parents.
 - C determine what you look like.
 - **D** are always unique to you.
 - 2 Two blue-eyed parents with a brown-eyed child is
 - A uncommon. C impossible.
 - B common. D extremely common.
 - 3 Some children are very tall because
 - A their parents are very healthy.
 - **B** they have short parents.
 - C they enjoy their lifestyle.
 - **D** they eat well and live well.
 - 4 Bald men
 - A always lose their hair because of their father's genes.
 - B nearly always have sons who go bald.
 - C sometimes inherit baldness from their mother's side.
 - D never pass on baldness through their daughter's genes.
 - 5 Black and white twins are only possible when
 - A a black parent has white-skinned ancestors.
 - **B** black is the dominant gene in the family.
 - C the parents are both black.
 - **D** the parents are both white.
 - 6 The most appropriate title for the text is
 - A What do you look like? C Where are you from?
 - **B** A family tradition
- D It's all in the genes
- 7 In pairs, discuss the meanings of the words and phrases in blue from the article. Which of the following strategies can help you guess the meaning?
 - 1 It looks like a word in my language.
 - 2 It looks like a member of a word family I know.
 - 3 It is made up of words I understand.
 - 4 The context can give me clues.
- 8 Match the words and phrases in blue from the article with the definitions below.
 - 1 small brown spots on the skin freckles
 - 2 small areas on your cheek or chin that go inwards _____
 - 3 looks exactly like –
 - 4 be like _
 - **5** look like ____
 - 6 family members who lived a very long time ago _
- 9 Choose three words or phrases in blue from the article and use them in sentences about your own family.

Everybody says that I am the image of my great-grandmother.

WORD STORE 1F

10 CD-1.26 MP3-26 Complete WORD STORE 1F with the compound adjectives in the box. Then listen, check and repeat.

Gramma

Present Perfect Continuous

I can use the Present Perfect Simple and Continuous

- 1 In pairs, look at the different versions of the Mona Lisa and answer the questions:
 - Which version do you like best? Why?
 - What do you know about the original painting?







Read about the real Mona Lisa. Why does the curator think that the Mona Lisa is smiling?

STOP ASKING SILLY QUESTIONS!

My name is Henri Dubois. I've been working at the Louvre Museum in Paris for twenty-one years and I've been looking after the Mona Lisa for nearly ten. So, for the past ten years I've been watching people's faces



when they first see the Mona Lisa. There's something very special about that painting. I've also been answering the same questions over and over again. They ask me, 'How long has she been hanging in the Louvre?' I always say the Mona Lisa has been in the Louvre since 1804. But it isn't quite true. The Mona Lisa hasn't been hanging in the Louvre since then

because someone stole it in 1911. Fortunately the painting was returned two years later.

The other questions are impossible to answer: they ask me, 'Who was she? What is she thinking? Why is she smiling?' Why is the Mona Lisa smiling? Because she's been listening to people's silly questions 15 for over two hundred years! Stop asking questions and look at the painting - it's beautiful!

3 Read the GRAMMAR FOCUS and then underline six more examples of the Present Perfect Continuous in the text in Exercise 2.

GRAMMAR FOCUS

Present Perfect Continuous

You use the **Present Perfect Continuous** to talk about unfinished actions that started in the past and continue in time 'up-to-now'. Use for or since to say how long. I've been working at the Louvre museum in Paris for twentyone years.

Present Perfect Continuous: has/have + been + -ing form

- I've been working.
- He hasn't been working.
- Have you been working ...? Yes, I have./No, I haven't.

Note:

State verbs (be, have, know, etc.) do not take the continuous form. The Mona Lisa has been in the Louvre since 1804.

(NOT has been being ...)

4	Complete the dialogue between the Manager (M),
	a guest (G) and the guest's son Jack (J). Use the
	Present Perfect Continuous.

Write questions for the sentences in Exercise 5 beginning with How long have you ...? Ask your partner.

How long have you had the same computer?

REMEMBER THIS

6 I _____ (sit) in this chair since __

You use the Present Perfect Simple to talk about finished actions in time 'up-to-now'. You can say 'how many' but not 'when'.

Piotr has visited the Louvre seven times. He has visited twenty-seven other museums.

7	Choose the most appropriate Present Perfect form.
	Then tick any sentences that are true for you.

- 1 ('ve seen) I've been seeing the Mona Lisa twice. 2 My mum has bought / has been buying a new car. 3 It's snowed / It's been snowing since yesterday. 4 I've learnt / I've been learning the piano for years. 5 My parents have never been going / have never been abroad.
- 6 I haven't done / haven't been doing my English homework yet.
- 8 Write guestions in the Present Perfect Simple or Continuous. Begin the questions with How long ...? or How many ...? Ask your partner.
 - 1 texts / receive / today?

How many texts have you received today?

- 2 wear / the same watch?
- 3 have / the same bag?
- 4 foreign countries / visit?
- 5 books / read / in the past three months?
- 6 go / the same dentist?

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1.6 Speaking

Describing a photo

I can describe clothes and speculate about people in photos

1 Look at the adjective order key and put the clothes descriptions 1–5 in the right order. Is anybody in the class wearing one of these items?

Adjective order key

Opinion	Size/ age	Colour/ pattern	Material	Make/ type	Noun
a lovely	big old	brown	leather	flying	jacket

- 1 trainers / Nike / New New Nike trainers
- 2 A / cotton / shirt / patterned
- 3 jeans / blue / Fashionable / skinny
- 4 leather / high-heeled / Black / boots
- **5** A / striped / jumper / big / woollen
- 2 In pairs, take it in turns to describe clothes in the class. Use at least two adjectives to describe each item. Guess who your partner is describing.
- 3 In pairs, describe clothes you have at home. Talk about the following:

Something you wear ...

- when you go out
- in winter
- to do sport
- for a formal occasion
- at the weekend.
- 4 Look at photo A. Describe the clothes that the people are wearing.
- 5 CD-1.27 MP3-27 How would you describe the situation in photo A? Think of two adjectives to describe how the woman is feeling. Then listen and check your ideas.

6 CD-1.27 MP3-27 Read the SPEAKING FOCUS and complete the description of photo A with one word in each gap. Then listen again and check.

The photo	' <u>shows</u> a man	and a womar	shopping together.
lt's 2	to say exactly	how old they	are, but I ³
they're in th	neir twenties, and	they're 4	a couple.
The man's v	wearing a red top	and grey jea	ns. The woman is
sitting on a	white chair and s	he ⁵	bored.
On the floo	or, 6 to he	er chair there	are several shopping
bags. I'm n	ot ⁷ wha	t's in them, b	ut I think they're
probably cl	othes, and I ⁸	they've	been shopping for
a few hours	already.		
It's hard to	9 out exa	actly what kin	d of shop they are in,
but it ¹⁰	to be a mer	n's clothes sh	op. It looks as
11	they're near the o	hanging room	ms because there's

a white o	curtain in the	12
The mar	n is holding u	p a shirt or
a pair of	trousers. He	looks
13	if he's thir	nking about
trying it	on. l ¹⁴	think
the wom	nan looks ver	у
intereste	ed. ¹⁵	_ , I think
she wan	ts to go to a	women's
clothes	shop.	



SPEAKING FOCUS

Beginning a description

The photo shows ...

In this photo, I can see ... /there is .../there are ...

Saying where (in the photo)

in the background/in the middle/in the foreground on the left/on the right

in front of/behind/next to

Showing uncertainty

It's hard to say/make out what ..., but ...

I'm not sure ..., but ...

Speculating

He/She/It looks ... He/She/It looks as if/as though/like ... It seems to be .../Perhaps it's .../Maybe it's ...
I imagine they're .../They're probably ...

Giving your opinion

I (don't) think .../I prefer .../Personally, .../In my opinion ...

- 7 Look at photo B. Then follow the instructions below and describe it. Use the phrases from the SPEAKING FOCUS to help you.
 - Say what the photo shows.
 - Speculate about the people and the situation.
 - Take it in turns to describe the photo to your partner.
- 8 In pairs, ask and answer three more questions based on photos A and B.
 - 1 How often do you go shopping?
 - 2 Who do you usually go with? Why?
 - 3 What are your favourite or least favourite shops? Why?

1.7 Writing

Describing a person

I can describe a person in writing

- 1 Work in pairs. Look at your partner for ten seconds. Then close your eyes and describe their appearance and clothing in as much detail as you can.
- 2 Below, Maggie describes her friend Claire. Before you read, make a list of the things you think she might include.

age, hair (length and colour), interests ...

3 Now read Maggie's message and see which things on your list in Exercise 2 she mentioned.



Maggie

Hi Dominic,

Zara told me you are looking for a new singer for your band. If so, I think my friend might be perfect.

Her name's Claire and she's our age, though she looks ⁵ like she's already in her early twenties. She's very easygoing and I think she has a great sense of humour - we get on really well. She's also a very creative person and a fantastic singer. She plays the piano and writes her own songs and has even made a video to go with one of

10 them. She's into all sorts of music, from classical to punk and I think she's the sort of person who is open to new ideas. I think she'd make a great singer for the band.

She's also very pretty CShe's about medium height and slim, and she's got long, straight, dark hair. She dresses

¹⁵ fashionably, though usually in black. I think she looks a bit like a vampire, but without the sharp teeth 🙂

Watch her video (attached) and let me know what you think.

Love

20 Maggie



Dominic is not online at the moment. We'll deliver your message next time Dominic logs in.

Do you think you would get on well with Claire? Why?/ Why not?

5 Read the WRITING FOCUS and complete the examples with the words in purple from the message in Exercise 3.

WRITING FOCUS

Describing a person

Mention age

He's (about) my/your/1_our_ age.

He's in his teens/2____/mid/late twenties.

Describe personality and interests

He's a very easy-going/interesting person.

She's the sort/type/kind of person 3__

remembers your birthday/loves kids.

She'd ⁴ a great teacher/doctor/friend.

He's ⁵ music/fashion/skateboarding.

Describe hair, eyes, skin and face

He's got cool, short, 6_____ hair. She's got beautiful, long 7_____, blond hair.

She's got a kind/friendly/unusual smile/face.

Mention height/build

She's short/8 /tall.

He's fairly well-built/9

Give general impressions

She looks (kind of) cool/unusual/mysterious/unhappy/nervous. He looks a bit ¹⁰ you/me/Mr Bean/Ronaldo.

Mention clothes

__ casually/smartly/well/in black.

He always wears casual/smart/scruffy/fashionable/stylish clothes.

6 Some adjectives can be very negative when used to describe a person. Replace the underlined negative adjectives in the sentences below with the kinder phrases in the box.

not really interested in fashion not always hard-working mature a little overweight a bit too slim sometimes forgets his/her manners

1 Jo is skinny. She doesn't eat very much.

Jo is a bit too slim.

- 2 Ryan is fat. He doesn't do much exercise.
- 3 Harry is scruffy. He doesn't care what he wears.
- 4 Ellie is rude. She needs to be more polite.
- 5 Ken is a(n) old student. He's back at university because he wants a career change.
- 6 Kelly is <u>lazy</u>. Her parents are worried that she'll fail her exams.
- 7 A friend is going to visit the city where your cousin lives. Your cousin has agreed to show your friend around the city. They have never met before. Write an email of at least 100 words to your cousin and:
 - describe your friend's appearance
 - describe your friend's personality
 - · mention some of your friend's interests
 - thank your cousin for agreeing to show your friend

Use the information in the WRITING FOCUS to help you.

Student's MP3•2

adventurous /ədˈventʃərəs/ śmiały, odważny aggressive /əˈgresɪv/ agresywny arrogant /ˈærəgənt/ arogancki brave /breɪv/ odważny, dzielny caring /'keərɪŋ/ troskliwy charming /'tʃaːmɪŋ/ czarujący, uroczy cheeky /'tʃiːki/ zuchwały childish /ˈtʃaɪldɪʃ/ dziecinny creative /kriˈeɪtɪv/ kreatywny dynamic /daɪ'næmɪk/ dynamiczny easy-going /ˌiːzi ˈgəʊɪŋ/ spokojny, wyluzowany fascinating /'fæsəneɪtɪŋ/ fascynujacy friendly /ˈfrendli/ życzliwy, przyjazny hard-working /ˌhaːd ˈwɜːkɪɪ̯/ pracowity imaginative /ɪˈmædʒənətɪv/ pomysłowy, obdarzony wyobraźnią immature / məˈtʃvə/ niedojrzały jealous /'dʒeləs/ zazdrosny kind /kaınd/ miły, życzliwy lazy /'leɪzi/ leniwy mature /məˈtʃʊə/ dojrzały mischievous /'mɪstʃɪvəs/ szelmowski, zuchwały, bezczelny nervous /'naivəs/ nerwowy open to sth /ˈəupən tə ˌsʌmθ̄ɪŋ/ otwarty na coś outgoing /aut'gaun/ otwarty, towarzyski popular /ˈpɒpjələ/ lubiany reliable /rɪˈlaɪəbəl/ niezawodny realistic /rɪəˈlɪstɪk/ be realistic – być realistą rude /ruːd/ nieuprzejmy selfish /'selfis/ samolubny sense of humour /sens əv 'hjurmə/ poczucie sophisticated /səˈfɪstəkeɪtəd/ wyrafinowany, obyty

tolerant /'tplərənt/ tolerancyjny

unhappy /ʌn'hæpi/ nieszczęśliwy

Appearance and age Wygląd i wiek adorable /əˈdɔɪrəbəl/ zachwycający, rozkoszny attractive /əˈtræktɪv/ atrakcyjny bald /boxld/ łysy baldness /'boxldnəs/ łysienie blond /blond/ blond, jasnowłosy blue-/brown-eyed /bluz/braun 'aid/ o niebieskich/ brązowych oczach cheek /tʃiːk/ policzek chin /tʃɪn/ podbródek cool /kuːl/ świetny, odlotowy curly/straight/dark/short/long hair /ˌkɜːli/ˌstreɪt/ dark/sort/lpg 'heə/ kręcone/proste/ciemne/ krótkie/długie włosy
cute /kju:t/ śliczny, uroczy dark-/fair-/long-/short-haired /ˌdaːk/ˌfeə/ˌlɒŋ/ "fort 'head/ o ciemnych/jasnych/długich/krótkich włosach dark-/lighter-/pale-skinned /,da:k/,lartə/,perl 'skɪnd/ o ciemnej/jaśniejszej/bladej karnacji dimples /'dɪmplz/ dołeczki elegant /'eləgənt/ elegancki facial features /ˌfeɪʃəl ˈfiɪtʃəz/ rysy twarzy fat /fæt/ gruby freckles /ˈfrekəlz/ piegi good-looking /gud 'lukin/ przystojny gorgeous /ˈgɔɪdʒəs/ olśniewający in his early/mid/late twenties /in iz [3:li/mid/ leɪt 'twentiz/ w wieku dwudziestu kilku/około dwudziestu pięciu/prawie trzydziestu lat in his teens /In IZ 'ti:nz/ w wieku nastoletnim make-up /'meɪkʌp/ makijaż medium height /mi:diəm 'haɪt/ średniego wzrostu middle-aged /midəl 'eidad/ w średnim wieku mysterious /mɪˈstɪəriəs/ tajemniczy overweight /əuvəˈweɪt/ z nadwaga red-headed /,red 'hedad/ rudowłosy scruffy /'skrafi/ niechlujny short /fort/ niski

smart /smart/ elegancki stylish /'starlɪʃ/ stylowy tall /tɔːl/ wysoki well-built /wel 'bilt/ dobrze zbudowany well-dressed /wel 'drest/ dobrze ubrany

Clothes and accessories

Ubrania i akcesoria bangle /ˈbæŋgəl/ orientalna bransoletka baseball cap /'beisboil kæp/ czapka z daszkiem boots /burts/ buty (za kostkę) bracelet /'breislət/ bransoletka casual/formal clothes /kæʒuəl/fɔːməl ˈkləuðz/ ubrania swobodne/eleganckie coat /kəut/ płaszcz, kurtka cotton /'kptn/ bawełniany designer dress /dr'zamə dres/ sukienka od znanego projektanta fashionable /ˈfæʃənəbəl/ modny fleece /fliːs/ bluza polarowa flying jacket /ˈflaɪɪŋ ˌdʒækət/ kurtka pilotka gloves /glʌvz/ rekawiczki hat /hæt/ czapka, kapelusz high-heeled /har 'hirəld/ na wysokim obcasie jeans /dʒiːnz/ dżinsy jumper /ˈdʒʌmpə/ sweter leather /ˈleðə/ skórzany look /luk/ styl, stylizacja patterned /'pætənd/ wzorzysty scarf /skɑːf/ szalik, apaszka shirt /ʃɜɪt/ koszula shorts /forts/ szorty silver ring /ssilvə 'riŋ/ srebrny pierścionek striped /straipt/ w pasy suit /suɪt/ garnitur sunglasses /sʌn,glasəz/ okulary przeciwsłoneczne sweatshirt /'swetsat/ bluza dresowa T-shirt /ˈtiː ʃɜːt/ T-shirt tie /taɪ/ krawat top /tpp/ top, bluzka, koszulka trainers /'treinez/ buty sportowe

Clothes and appearance - verbs and verb phrases Ubrania i wygląd – czasowniki i zwroty z czasownikami

trousers /'trauzəz/ spodnie

vintage /'vɪntɪdʒ/ klasyczny

woollen /'wulan/ wełniany

waistcoat /'weɪskəut/ kamizelka

be the image of /ˌbi ðə ˈɪmɪdʒ əv/ być bardzo podobnym do dress casually/smartly/fashionably/well/in black /dres 'kæʒuəli/'smaːtli/'fæʃənəbli/'wel/ ın 'blæk/ ubierać się swobodnie/elegancko/ modnie/dobrze/na czarno

fit /fɪt/ pasować (pod względem rozmiaru) get changed / get 'tseindzd/ przebrać się get dressed/undressed / get 'drest/, \(\lambda n' \) drest/ ubrać się/rozebrać się

look /luk/ wyglądać

look like sb /ˈluk laɪk ˌsʌmbɒdi/ być podobnym do kogoś

match /mæts/ pasować do (siebie), dobrze łączyć sie z

put on /put 'pn/ zakładać, nakładać

resemble sb /rɪˈzembəl ˌsʌmbɒdi/ przypominać

suit /suːt/ pasować (do kogoś, czyjejś urody, sylwetki) try on /trai 'pn/ przymierzyć wear /weə/ zakładać, nosić

Relationships Związki międzyludzkie

be always there for /bi oxlwaz 'ðea fa/ być zawsze wsparciem dla close friend / klaus 'frend/ bliski przyjaciel/bliska przyjaciółka date /deɪt/ randka

fall out with /ˌfɔːl 'aut wɪð/ pokłócić się z get on well with / get nn 'wel wið/ być w dobrych hang out with /hæŋ 'aut wið/ spędzać czas z

have a lot in common with /hæv ə ,lot ın 'komən wið/ mieć dużo wspólnego z

have a good relationship with /hæv ə gud rı'leıʃənʃıp wið/ mieć dobre relacje z have similar interests /hæv simələ 'intrəsts/

mieć podobne zainteresowania

have an argument /hæv ən 'aːgjəmənt/ pokłócić

look after sb / luk 'arftə , sambədi/ opiekować się kimś

lose touch with /ˌluːz 'tʌtʃ wɪð/ stracić kontakt z online friend /pnlain 'frend/ internetowy

opposite sex / ppəzət 'seks/ płeć przeciwna socialise with /ˈsəʊʃəlaɪz wɪð/ utrzymywać kontakty towarzyskie z

stop seeing each other /stop 'sing itf ,Aðə/ przestać się spotykać

Family members Członkowie rodziny

ancestor /ˈænsəstə/ przodek ex-husband/ex-wife /eks hazband/eks warf/ były mąż/była żona

father-in-law/mother-in-law /'faːðər ɪn ˌlɔː/ 'mʌðər ɪn ˌlɔː/ teść/teściowa

great-grandfather/great-grandmother / great 'grænd,fa:ðə/,greit 'græn,mʌðə/ pradziadek/ prababcia

great-great-grandfather/great-greatgrandmother / greit | grænd | farðə/ greit greit 'græn,mnðə/ prapradziadek/praprababcia

great-great-grandson/great-greatgranddaughter / greit | greit | grænsnn/, greit greit 'græn,dortə/ praprawnuczek/praprawnuczka

half-brother/half-sister /'haɪf ˌbrʌðə/'haɪf ˌsɪstə/ brat przyrodni/siostra przyrodnia nephew /'nefju:/ siostrzeniec/bratanek niece /niːs/ siostrzenica/bratanica

second husband/wife /sekənd 'hʌzbənd/'waɪf/ drugi mąż/druga żona

son-in-law/daughter-in-law /'sʌn ɪn ˌlɔː/ 'do:tər ın ˌlo:/ zięć/synowa

stepbrother/stepsister /'stepbraðə/'stepsistə/ brat przyrodni/siostra przyrodnia (dziecko macochy lub ojczyma)

stepfather/stepmother /'stepfa:ðə/'stepmʌðə/ ojczym/macocha

stepson/stepdaughter /'stepsan/'stepdoitə/ pasierb/pasierbica uncle/aunt /'ʌŋkəl/ɑːnt/ wujek/ciocia

Other Inne

exception /ɪkˈsepʃən/ wyjątek eyesight /'assast/ wzrok gene /dʒiːn/ gen

inherit sth from sb /ɪnˈherət ˌsʌmθɪŋ frəm sambodi/ odziedziczyć coś po kimś

left handedness / left 'hændidnəs/ leworeczność left-/right-handed /,left/,rait 'hændid/ lewo-/ praworęczny

look as if/as though /'luk əz ɪf/əz ðəu/ it looks as if/as though it's going to rain – wygląda jakby miało padać

look out! /ˌlok ˈaut/ uważaj! look up /ˌluk ˈʌp/ wyszukać

pass sth on /pais samθin 'pn/ przekazać coś (potomnym)

report on sth /rɪˈpɔːt ɒn ˌsʌmθɪŋ/ relacjonować coś she'd make a great ... /ʃid meɪk ə greɪt.../ byłaby świetną.

short-sighted /ˌʃɔːt ˈsaɪtəd/ krótkowzroczny take after sb / terk 'arftə sənmbodi/ odziedziczyć po kimś (np. wygląd, zachowanie) unique /juːˈniːk/ unikalny



skinny /'skɪni/ chudy

MATURA FOCUS REVIEW 1

ŚRODKI JĘZYKOWE

MINIDIALOGI, WYBÓR WIELOKROTNY

SŁOWNICTWO I GRAMATYKA

1	Uzupełnij zdania właściwymi formami podanych słów.	5 Przeczytaj poniższe minidialogi. Z podanych odpowiedzi A–C wybierz właściwe uzupełnienie wypowiedzi.
	1 Don't worry, I'm sure John will be here any minute. He's the most person I know. RELY	Wskazówka maturalna
	 2 Helen's almost 20 years old but she's still very She often does silly things. MATURE 3 Lucy is a very person and is always ready to help her friends. CARE 	Sprawdź, czy wybrana przez ciebie odpowiedź pasuje do luki pod względem poprawności językowej i czy najlepiej uzupełnia zdanie pod względem znaczenia.
	4 Jason is not particularly Every summer he goes to the same beach resort in Spain. ADVENTURE 5 All Yvonne's stories are full of surprises. She's a very writer. IMAGINATION 6 Charles is a young man. CHARM	 1 X: What's that? a new T-shirt in this photo? Y: It's not new. It's my dad's old T-shirt from the 80s. A Do you wear B Are you wearing C Have you worn 2 X: I was happy to see Jessica at the school reunion.
2	Zastąp podkreślone wyrażenia odpowiednimi słowami.	Y: And who's she exactly?X: She used to be my best friend in primary school but
	Pierwsze litery brakujących słów zostały podane.	we when my family moved to Bristol.
	 He wanted to ask Betty out on a d (when you go out with someone you fancy), but he was too shy. Most of my a (family members who lived in the past) came from Ireland. It's important to protect your e (ability to 	A took after B lost touch C hanged out 3 X: What have you been doing? Y: Nothing special. I an email to Lucy to ask her about the class project. I hope she replies soon. A 'm writing B 've written C 've been writing
	 see). Remember to wear sunglasses on sunny days. 4 Laura was a gorgeous girl with red hair and f	 4 X: I guess Tom must be really now that his brother has inherited a cottage from their aunt. Y: He says he isn't, but I know that 's not true. A selfish B arrogant C jealous
	b (the condition of having little or no hair).	5 X: Can you have a look at this picture?
3	Przetłumacz wyrażenia podane w nawiasach na język angielski. Użyj czasu Present Simple lub Present Continuous. 1 Why (patrzysz) at me like that? Is there something wrong with my hair?	Y: Well, I'm not sure either. A I can't make out what it shows. B I don't think it is very interesting. C It looks as though you could help me. 6 Przeczytaj tekst. Z podanych odpowiedzi A-C wybierz
	2 Pam (nie pamięta) when her mother let her put make-up on for the first time.3 Tom (je) lunch and we have to wait for him.	właściwą, tak aby otrzymać logiczny i poprawny gramatycznie tekst.
	 4 I (nie myślę) that his sense of humour is very sophisticated. 5 Stuart (wygląda) very smart in his new woollen suit and black leather shoes. 	PARENTS ON FACEBOOK Young people 1 Facebook actively for a long time. In fact, n long ago people under 25 were the biggest group of users. But no more and more 2 sign up for Facebook, with the 40-54-year-o
	6 Jane, (czy rozumiesz) why people should be kind to each other?	becoming particularly interested in it. So, what 3 Facebook? Do they like it? If they haven't created a profile yet, they will probably do so in the near future. And then
4	Uzupełnij zdania odpowiednimi formami czasowników podanych w nawiasach. Użyj czasu Present Perfect Simple lub Continuous.	they will want to be your 4 friends and follow your profile! When this happens, should you accept or reject their invitation? There is no good answer for everyone. If you have 5 with you parents and tell them everything about your life, you may say yes
	1 Our uncle is on holiday and we (look) after his dog since Monday.2 How many bracelets (you/make) this	The worst thing is to do nothing. You can't pretend you haven't seen the invitation or say that you're busy with school work and you're not using Facebook. Be 6 about it. You will have to tal
	morning? Enough for everyone?	a decision one day.
	3 I think I (inherit) most genes from my mum because we have similar looks.4 How long (Gina/work) on the project about	1 A use B have used C have been using2 A people in their teens C people of medium-height
	family resemblance? 5 Helen is very busy at university but she	B middle-aged people 3 A do your parents think about C have your parents thought about C have your parents the C have your parents th
	(not lose) touch with her friends.	B are your parents thinking about 4 A close B online C half
	6 My older brother (go) to the same music festival for five years now.	5 A a good relationship C a lot in common B similar interests
2	2	6 A reliable B brave C realistic

CZYTANIE

WYBÓR WIELOKROTNY

7 Przeczytaj tekst. Z podanych odpowiedzi A–D, wybierz właściwą, zgodną z treścią tekstu.

Stella McCartney

When designer Stella McCartney arrived on the fashion scene, many people claimed her success was due to her famous name. Her father is, after all, Beatles legend Paul McCartney. This, however, is not true. For Stella, becoming a success took hard work, determination and, of course, talent.

In 1995, after graduating from Central St Martins College of Art and Design in London, she enjoyed almost immediate success. Two short years later, at the age of 26, she became the head designer at Chloé – a famous Parisian fashion house. After four highly successful years at Chloé, Stella launched her own fashion label and showed her first collection in 2001.

Since then her company has been growing steadily. In that time, it has developed a reputation as a fashion company with a difference. When Stella was growing up on a farm, her parents taught her to respect animals, to be aware of nature, and to understand that human beings share the planet with other creatures. These beliefs have had a huge impact on her and, as a result, she believes in ethical fashion now. Ethical fashion covers issues such as working conditions, child labour, fair trade and responsible production that does not harm the environment.

As a lifelong vegetarian, Stella does not use any natural leather or fur in her designs. The fabric she prefers is organic cotton and she has been experimenting with eco-friendly materials and production processes for some time. Recently, Stella decided not to work with a fabrics factory because the process used by it to colour the fabrics was very harmful to the environment. An entire river near the factory became red, making the water unsuitable for drinking or for use in agriculture.

Stella's ethical fashion also aims to help poor workers. For this reason, she has created a range of cloth bags together with the United Nations' International Trade Centre. The programme provides work for poor communities in Kenya, where the bags are created by hand. So far, 160 people in disadvantaged areas have been involved in the production. They are earning money, which has improved their lives.

Stella McCartney has an interesting philosophy. Instead of just creating new designs season after season, she believes designers should ask themselves how they make their clothes and accessories, where they make them, and what materials they use. Thinking about these questions makes designing more challenging and more interesting, but still allows designers to create luxurious, beautiful items that people want to buy. Stella McCartney is proof of that.

- 1 According to the text, Stella McCartney
 - A succeeded with the help of her father.
 - **B** had a high position at a relatively young age.
 - C experienced difficulty finding the right job.
 - **D** created her own company straight after college.
- 2 Which statement about Stella McCartney is true?
 - A As a child, she found out about ethical fashion.
 - **B** When she was a child, she wore organic cotton clothes.
 - $\ensuremath{\textbf{C}}$ She often gets ideas for her designs from nature.
 - **D** No animal products are used in her fashions.

- **3** Why did Stella refuse to work with the factory?
 - A The production method was not ethical.
 - **B** The water used for the colours was polluted.
 - **C** The factory could not supply the fabric she wanted.
 - **D** The wrong colour was used for the fabrics.
- 4 In Stella's opinion, what should designers do?
 - A Create better designs every year.
 - **B** Question the methods of their production.
 - C Develop their own fashion philosophy.
 - D Make their clothes more luxurious.
- 5 The aim of the text is to
 - A show why some production methods are better than others.
 - B suggest how fashion designers can help the community.
 - C explain the philosophy behind Stella's collections.
 - D describe how Stella became a fashion designer.

MÓWIENIE

ILUSTRACJA

- 8 Popatrz na zdjęcie i w każdej z poniższych kategorii zapisz po trzy słowa lub wyrażenia, które przydadzą się do opisu zdjęcia. Następnie opisz zdjęcie.
 - People
 - Clothes
 - Feelings



- 9 Odpowiedz na pytania dotyczące zdjęcia z ćwiczenia 8.
 - 1 What do you think the woman is telling the girl?
 - 2 Do your parents ever comment on your clothes? Why?/ Why not?
 - 3 Tell me about a situation when you or someone you know had to wear formal clothes.

PISANIE

E-MAIL

10 Wykonaj zadanie egzaminacyjne.

Twój kolega / Twoja koleżanka z Wielkiej Brytanii odbywa staż w czasopiśmie młodzieżowym. Jego/Jej zadaniem jest przeprowadzić wywiady z osobami z różnych krajów, które interesują się modą. Zaproponuj mu/jej kogoś spośród swoich znajomych. Napisz e-mail, w którym:

- przedstawisz zainteresowania wybranej osoby związane z modą;
- napiszesz, jak zwykle się ona ubiera;
- opiszesz jej osobowość;
- zapewnisz, że polecana osoba zgodzi się na udział w wywiadzie.

Rozwiń swoją wypowiedź w każdym z czterech podpunktów. Długość e-maila powinna wynosić od 80 do 130 słów.

Just do it!

The most important thing in the Olympic Games is not to win but take part.

Baron Pierre de Coubertin – founder of the modern
Olympic Games

UNIT LANGUAGE AND SKILLS

Vocabulary:

- Show what you know sports
- compound nouns; sport collocations
- people in sport
- Words for free sport
- word families personal qualities
- phrasal verbs
- Word in focus just

Grammar:

- narrative tenses
- verb patterns

Listening:

• interviews about role models

Reading:

• an article about a Paralympic athlete

Speaking:

- asking for and giving an opinion
- agreeing and disagreeing

Writing:

a narrative

MATURA FOCUS

Temat maturalny:

• sport

Słuchanie:

• dobieranie str. 27, 35

Czytanie:

 dobieranie nagłówków do akapitów str. 28, 35

Środki językowe:

- pary zdań str. 34
- parafraza zdań str. 34

Mówienie:

• rozmowa z odgrywaniem roli str. 35

Pisanie:

• blog str. 35

FOCUS EXTRA

- Grammar Focus Reference and Practice str. 117
- WORD STORE booklet str. 4-5
- Workbook str. 26–35
- MyEnglishLab

2.1 Vocabulary

Sport · compound nouns · collocations

I can talk about sports

SHOW WHAT YOU KNOW

- 1 Add the verb do, go or play to each list of sports.
 - 1 _____ basketball, golf, squash, table tennis, volleyball
 - 2 _____ canoeing, cycling, sailing, skating, skiing
 - 3 _____ athletics, boxing, judo, karate, kung fu
- 2 In pairs, name the sports in photos A–F below and add them to the lists in Exercise 1. Add any other sports you know.





1 <u>pass</u> a ball

a ball





3 a ball

4 a ball





5 _____ a ball

6 a ball

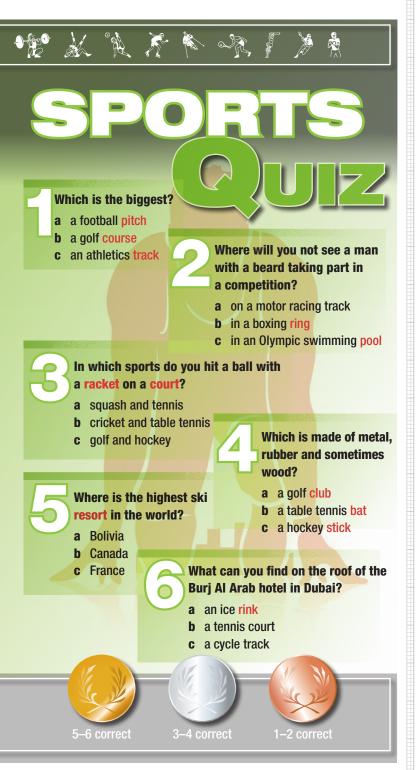
3 What can you do with a ball? Complete the captions for photos A-F with a verb from the box.

bounce catch hit kick pass

4 In pairs, think about other ball sports. Discuss what you can and can't do with the ball.

In basketball you can bounce the ball. You can pass it and catch it, but you can't kick it.

5 Do the *Sports Quiz* and then compare your answers with a partner.



- 6 CD-1.28 MP3-28 Listen and check your answers. Have you won a gold, a silver or a bronze medal?
- 7 In pairs, discuss what you think about sport. Do you prefer:
 - individual sports or team sports?
 - indoor sports or outdoor sports?
 - winter sports or summer sports?
 - doing sport or watching sport?
 - sport or no sport?!

Go to WORD STORE 2 page 5

WORD STORE 2A 8 CD-1.29 MP3-29 Complete WORD STORE 2A with the words in red from the Sports Quiz. Then listen, check and repeat. 9 Complete the questions with the nouns from WORD STORE 2A. 1 Does your school have a football pitch? 2 How far away is the nearest ski ______? 3 Is there a squash ______ at your local sports centre? 4 Have you ever used a baseball ______ or a hockey

7 Do you own a badminton _____ or a table tennis _____?10 In pairs, ask and answer the questions in Exercise 9.

6 Have you ever run a race on an athletics ____

5 Is there an ice _____ or a golf ____ in your city?

WORD STORE 2B

- 11 CD-1.30 MP3-30 Complete WORD STORE 2B. Match the people with the definitions. Then listen, check and repeat.
- 12 Read the sentences and identify the people.

1 I follow my team everywhere. They are the best. – <u>far</u>	n
2 I have a whistle, a red and a yellow card. –	
3 I buy a ticket and watch the game. –	
4 We wear the same kit. We're in the same team. –	
5 I play against you. You want to beat me and I want to	
beat you. –	

- 6 Torganise training sessions and help you improve. ____
- **7** I do the 100m, the 200m and the long jump. _____

WORD STORE 2C

13 CD-1.31 MP3-31 In pairs, put the lines of one person's views about sport into the correct order. Then listen and check.

I'm not into competitive sport. I'll never break	1
a goal! I like being healthy and keeping	
first. I've even seen men cry when the opposing team scores	
a prize for sport. In fact, I usually come	
a world record, and I'm sure I'll never win	2
last in races and if I'm in a team we always lose the	
fit. But I don't need to beat	
match. I don't understand people who need to come	
my opponent – I just need to enjoy the game.	

- 14 CD-1.32 MP3-32 Complete WORD STORE 2C with the base form of the verbs in red from Exercise 13. Then listen, check and repeat.
- 15 What do you think is more important: to win or to enjoy the game?

WORD STORE 2D

- 16 CD-1.33 MP3-33 Complete WORD STORE 2D. Translate the *Words for free*. Then listen and repeat.
- 17 In pairs, write true example sentences for each of the Words for free.

2.2 Grammar

Narrative tenses

I can use narrative tenses

- 1 Read Running Wild. Answer the questions.
 - 1 Had Chris Stewart run in Africa before?
 - 2 Why wasn't he running very fast?
 - 3 Why did a local runner overtake him at high speed?

RUNNING WILD



Chris Stewart and two other British athletes were competing in a 20-kilometre race in Kenya. They hadn't competed in Africa before, but Chris believed that it was important to save energy on a long-distance race so he wasn't running very fast. After three kilometres, he was leading when suddenly, a local runner overtook him at high speed. He knew his rival would get tired later in the race so he didn't speed up – but then he looked round and saw that a large rhinoceros had crashed through the trees next to the road and it was chasing after them ...

- 2 Look at all the verb phrases in blue in the text. List them next to the correct heading in the table.
 - Past Simple: Chris believed, ...
 - Past Continuous: athletes were competing, ...
 - · Past Perfect: They hadn't competed
- 3 Read and complete the GRAMMAR FOCUS with the name of the appropriate tense.

GRAMMAR FOCUS

Narrative tenses

- You use the ¹Past Continuous to set the scene.
 ... athletes were competing in a 20-kilometre race in Kenya.
- You use the ²_____ to describe the main events.
 He didn't speed up but then he looked round and saw ...
- You often use the Past Continuous with the Past Simple usually when a short action (Past Simple) interrupted a longer unfinished action (Past Continuous).
 He was leading when suddenly, a local runner overtook him.
- You use the ³______ to make it clear that one past action happened before another past action.
 He saw that a large rhinoceros had crashed through the trees.

- 4 In pairs, choose the best ending for each sentence.
 - 1 Tom couldn't play because
 - (a) he had forgotten his trainers. **b** he forgot his trainers.
 - 2 Jeff broke his leg when
 - a he skied. b he was skiing.
 - **3** The referee blew his whistle and
 - a the game started. b the game was starting.
 - 4 Sue and Jenny were excited because
 - a they hadn't been to a football match before.
 - **b** they didn't go to a football match before.
 - 5 It was snowing when
 - **a** the marathon had begun. **b** the marathon began.
 - 6 Paula was leading the cycle race when
 - **a** she fell off her bike. **b** she had fallen off her bike.
- 5 CD•1.34 MP3•34 Read *Lucky Break* and choose the correct verb form. Then listen and check.

LUCKY BREAK

In 1956, goalkeeper Bert Trautmann was playing had played for Manchester City in his first FA Cup final when he ²dived / was diving for the ball in the 75th minute. He ³was knowing / knew that he ⁴hurt / had hurt himself but he ⁵was carrying on / carried on playing. He ⁶helped / had helped his team to beat Birmingham City 3-1. He then ⁷had gone / went to hospital where the doctors couldn't believe he ⁸had been / was still alive. He ⁹was breaking / had broken his neck!



- Write questions about Lucky Break using the correct tense.
 - 1 Who/win/the 1956 FA Cup final and what/be/the score? Who won the 1956 FA Cup final and what was the score?
 - 2 Trautmann / ever play / in an FA Cup final before?
 - 3 What position / Trautmann / play / when he got injured?
 - 4 How / Trautmann / hurt himself?
 - 5 Trautmann / stay / on the pitch for the whole game?
 - 6 Why / doctors / think / Trautmann was lucky?
- 7 Answer the questions in Exercise 6.
- 8 You are going to tell your partner a story. Choose option A or B. Think about what to say and how to say it. Then tell the story.

Option A: Think of an exciting sports event you've seen or an exciting game you've played in.

Option B: Choose one of the true stories in this lesson. Close your book.

I'll never forget the time I scored the winning goal for our school team. We were playing in the final of ...

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Matching

I can understand interviews about role models

- 1 In pairs, discuss what you know about the sports people in photos A-C.
- 2 CD-1.35 MP3-35 Listen and match each speaker with their favourite sports star A-C. What human quality do all three sports stars have in common?

Speaker 1: Speaker 2: Speaker 3:

3 CD-1.35 MP3-35 Match three different adjectives with each sports star according to the speakers' opinions. Put JE for Jessica Ennis, RK for Robert Kubica and RF for Roger Federer. Then listen again and check.

caring courageous	generous
determined healthy	modest
realistic passionate	positive

- 4 In pairs, discuss which sports star you would choose as a good role model. Give reasons for your choice.
- 5 CD-1.36 MP3-36 Listen to an interview with Jackie Smith, a windsurfing champion. Answer the questions.
 - 1 Who were her role models when she started windsurfing?
 - 2 Who are her role models now?



Rewrite the statements in Exercise 7. Replace the underlined words and phrases with words and phrases from Jackie's interview.

> competitions do the same as entered got into has always looked up to her joined takes after as a teenager thought it was a good idea for

1 This person entered windsurfing competitions as a teenager, but was unsuccessful.



EX	AM FOCUS Matching		
7	CD-1.36 MP3-36 Listen to the interview again. Who do statements 1–6 refer to: Mum or Rachel?	Mum	Rachel
	1 This person <u>took part in</u> windsurfing <u>events in her</u> <u>teens</u> , but was unsuccessful.		
	2 Jackie has admired her since she was a child.		
	3 This person <u>became a member of</u> the sailing club.		
	4 This person <u>encouraged</u> Jackie when she <u>took up</u> rowing.		
	5 Jackie always wanted to <u>copy</u> this person.		
	6 Jackie thinks she <u>'s like</u> this person.		

- 8 Complete the sentences to make them true for you. Then compare them with a partner.

 - 1 People say I take after ... 4 One day I think I'll take up ...

 - 2 I've never taken part in ... 5 The person I look up to most is ...
 - **3** I'd like to join ...
- 6 When I was a child, I always copied ...

PRONUNCIATION FOCUS

CD-1.37 MP3-37 Listen and repeat the words in the table.

1 /i:/	2 /3:/	3 / ɔ: /	4 /u:/	5 /a:/
team 	serve	sport	shoe	start arm

10 CD-1.38 MP3-38 Add the words in the box to the table in Exercise 9. Then listen, check and repeat.

arm	court	first	draw	grew
ski	lose	heart	speed	world

WORD STORE 2E

11 CD-1.39 MP3-39 Complete WORD STORE 2E with the correct adjectives. Then listen, check and repeat.

2.4 Reading

Matching

I can understand an article about a Paralympic athlete

- 1 Read UK TODAY and answer the questions.
 - 1 What percentage of the UK population are disabled?
 - 2 How many disabled people use wheelchairs?
 - **3** Who was the 'inspiration' behind the Paralympic Games?
 - **4** How many athletes took part in the first disabled games in 1948?
 - **5** How many countries were represented in London 2012 Paralympic Games?

UK TODAY



UK disability facts

- There are 11 million disabled people in the UK nearly 18% of the population.
- Only 17% of disabled people were born with their disabilities.
- Many disabilities are not visible and fewer than 10% of disabled people need wheelchairs.

The Paralympics

- Doctor Ludwig Guttmann, a spinal injury specialist at a London hospital, was the inspiration behind the modern Paralympic Games.
- Guttmann treated soldiers with terrible injuries from the Second World War. He believed passionately in the benefits of competitive sport for his patients.
- Guttmann organised the first disabled games in 1948. 16 disabled soldiers took part and the only sport was archery.
- The first Paralympic Games took place in Rome in 1960. There were 400 athletes from 23 countries competing in 9 events.
- Since 1960 the games have grown in size and importance. London 2012 welcomed 4,200 athletes from 164 countries to compete in 20 different sports.



2	In pairs, discuss the kinds of jobs that a person with no leg
	could find difficult.

an actor	a writer	a doctor	an athlete
a teacher	a softwar	e developer	

- 3 Read an article about Katy Sullivan and answer the questions.
 - 1 Which of the professions from Exercise 2 did she choose to do?
 - 2 How old was she when she started competing as a runner?
 - 3 What did she achieve at the London 2012 Paralympics?

EXAM FOCUS Matching

- 4 Read the article again. Match headings A–F with paragraphs 1–4. There are two extra headings.
 - A A new pair of legs and new challenges
 - B Athletics the wrong choice
 - C A positive attitude and a good sense of humour
 - **D** Tragedy, then triumph on the track
 - E Katy in the TV role of a runner
 - F A brave career choice
- 5 Complete the statements about Katy Sullivan with a word from the box.

ambitions chance childhood degree disability record roles shape	
1 Katy had an active <u>childhood</u> .	
2 Katy moved to Los Angeles to do a	
3 Katy loves acting but she hasn't played any	_
in television.	
4 Katy took up running because she wanted to	
stay in	
5 Katy wanted to compete in Beijing but had a fall and	
missed the	
6 At the London 2012 Paralympics, in the 100 metres,	
Katy set a new world	
7 Her family, friends and fans think Katy has	
overcome her	
8 Everybody thinks Katy has fulfilled her .	

- 6 Are the statements in Exercise 5 true (T) or false (F)? Check your answers in the article.
- 7 Complete the questions with the correct form of the collocations from Exercise 5.
 - 1 Did you have a very active childhood?
 2 Do you think most people f ______ their a _____ in life?
 3 Do your parents do anything to s _____ in s ____ ?
 4 Have you ever p _____ a r ____ in a play?
 5 Do you want to d _____ a d ____ when you leave school?
- 8 In pairs, ask each other the questions in Exercise 7.

WORD STORE 2F

9 CD-1.41 MP3-41 Complete WORD STORE 2F. Match the phrasal verbs in the box with their definitions. Then listen, check and repeat.

CD•1.40 MP3•40

1

aty Sullivan is an actor, an athlete, a motivational speaker and a person who refuses to accept the words 'no' or 'I can't'.

She was born without the lower half of her legs and has worn prosthetic legs all her life. She grew up in Alabama, USA and had an active childhood. It was a normal childhood and she kept up 10 with her siblings at the gym and at the local swimming pool. She feels lucky because her family treated her in just the same way as her other siblings.

When Katy was a child, she didn't 15 like to put her prosthetic legs on because she was much faster without them. Other children would ask 'What happened to you?' Katy's favourite thing to say was, 'Shark attack'! She 20 enjoyed making up stories because she thought it was boring to say 'I've been like this all my life.'

2

When a person is born without legs, there are plenty of things that are 25 difficult or even impossible to do. But Katy believed she could achieve anything. So she chose two occupations that are difficult, even with both legs. When she was a teenager she saw a 30 production of Charlie and the Chocolate Factory. One of the actors was Katy's classmate at school. Before the play was over, Katy had made her mind up to be an actor.

3

35 She did a degree in theatre and then moved to Los Angeles where she has played roles in theatre, television and film. She has a positive outlook on life.

She thinks that if you believe you can do 40 something, you should go for it, and you shouldn't let anyone tell you that you can't do it. So when Katy's prosthetist asked her if she'd like to try running, she said 'yes'. She was twenty-five and she 45 had never run before, but as an actor, she liked to stay in shape. She thought running would be a good way to do that. She was given a pair of running legs, and she set out on a new chapter of her life.

50 Katy was the first person in the world with two prosthetic legs to take up running as a competitive sport. In 2007 she was chosen for the US Paralympic team but during training she fell over

55 and missed the chance to compete in the 2008 Beijing Paralympic Games. She was devastated, and gave up running for two years. But then she took it up again and qualified for the final of the 100 metres 60 in the 2012 London Paralympics. She didn't win, but she did beat her personal best time and set a new American record. She said that it was one of the most

Katy's family, friends and fans look up to her as an example of someone who has overcome her disability and fulfilled her ambitions.

prosthetic legs – protezy nóg prosthetist - protetyk

amazing moments of her life.

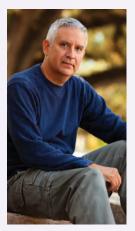


Verb patterns

I can recognise and use different verb patterns

1 What does a sports psychologist do? Discuss in pairs. Then read the text to find out.

Think like a winner



I'm a sports psychologist. I work with top athletes and I help them to prepare for important competitions. Of course they need to prepare physically: they should get plenty of sleep, remember to drink lots of fluids and avoid drinking alcohol. That's the easy part! But after they've spent time preparing

5

7

their body, I make them relax and prepare the mind. I focus on three areas: visualisation, positive thinking and relaxation.

2 Complete the GRAMMAR FOCUS with the phrases in blue in the text in Exercise 1.

GRAMMAR FOCUS

Verb patterns

verb + to infinitive

Of course, they need 1 to prepare physically. Examples: aim, arrange, attempt, can't afford, decide, expect, hope, intend, manage, offer, plan, refuse, remember, seem, tend, try, want

verb + object + to infinitive

I help them 2 for important competitions.

Examples: advise, allow, encourage, force, remind, teach, urge, warn (not)

verb + -ing

But after they've **spent time** ³_____ their body, 1 ...

Examples: avoid, can't help, can't stand, don't mind, enjoy, fancy, finish, imagine, keep, miss, stop, waste time

modal verb + infinitive without to

... they should 4 _ plenty of sleep ... Examples: can, could, might, should, would

verb + object + infinitive without to I make them 5 and prepare the mind.

Examples: make, let

3 CD-1.42 MP3-42 Complete the text with the correct verb patterns. Use the verbs and objects in brackets. Then listen and check.

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7	In pairs, read your sentences in Exercise 6. Guess which of your partner's sentences is false.
	2 I enjoyed3 I wasted a lot of time4 I spend a lot of time5 I've decided
	sentences and one false one. 1 I can't stand I can't stand watching sport on TV.
6	Complete the sentences about yourself. Write four true
5	Use the verb phrase in brackets to write a similar sentence. Then tick sentences that are true for you. 1 I'm happy to lend my bike to my friends. (don't mind) I don't mind lending my bike to my friends. 2 I don't have enough money to buy new trainers. (can't afford) 3 It is my intention to learn how to skate one day. (hope) 4 My uncle showed me how to swim. (teach) 5 I don't want to take up jogging. (not intend) 6 My parents won't allow me to stay out all night with my friends. (let)
4	In pairs, list some sports that you like watching or doing. In your opinion, which sports need more mental preparation and which ones need more physical preparation?
	Even top athletes can't help ¹² (feel) nervous, especially when they find themselves standing next to last year's champion! I let ¹³ (them/talk) to me about their worries, but on the day of the competition, negative thoughts are not allowed! It's a simple fact that if they manage ¹⁴ (control) their nerves, they tend ¹⁵ (do) better. Winning – it's all in the mind!
	Positive thinking I encourage ⁶ (athletes/talk) to themselves before a big race. I force ⁷ (them/concentrate) on the times when they won. They need ⁸ (stay) in the present and tell the negative voice in their head to stop ⁹ (talk). Good athletes want ¹⁰ (win), but top athletes expect ¹¹ (win). That's positive thinking!
	Before an important event, I advise ¹ athletes to visit (athletes/visit) the stadium. This allows ² (them/visualise) the day of the competition. They can ³ (imagine) the smells and the sounds in the stadium, and they imagine ⁴ (win) the competition. Then, when the day of the competition arrives, they try ⁵ (recreate) the success they imagined.

2.6 Speaking

Asking for and giving an opinion • agreeing and disagreeing

I can ask for, give, agree and disagree with an opinion

1	In pairs, look at the jobs in the box and number them from most
	(5) to least (1) important for society.

an actor	a farmer a football player
a nurse	a pilot a police officer
a surgeon	a scientist

- 2 CD-1.43 MP3-43 Read and listen to a conversation between a brother and sister and answer the questions.
 - 1 What do they disagree about?
 - 2 Who does their father agree with?
 - 3 Who do you agree with?

Amy: You see!

Dad: To 9

3 CD-1.43 MP3-43 Use the SPEAKING FOCUS to complete the phrases in the conversation. Then listen again and check.



Tom:	Woah! Ronaldo's just scored a fantastic goal! He's definitely
101111	the best footballer in the world!
Amy:	Hm, I'm not ¹ so sure about that.
-	What do you know about football?
Amy:	I know that some football players get a million euros a month!
	If ² , they earn too much.
Tom:	That's 3 Only a few players earn that much and
	they deserve it.
Amy:	No way! Football players don't save lives! Football's just
	a game!
Tom:	Are 4? It's the most popular game in the world.
Amy:	That's true but they don't do anything important. They just
	kick a ball!
Tom:	The 5, football players can only play when they're
	young so they have to earn a lot in a short time.
Amy:	I'm 6 I just don't think footballers are good role
_	models.
Tom:	I'm sorry, 7 – they're great role models. They train
. .	really hard
	Hey, what's going on in here? Calm down you two.
Amy:	He thinks it's OK to pay Ronaldo a million euros a month!
	What 8 that?
Dad:	That's ridiculous.

_____, I think he should get at least ten million!

SPEAKING FOCUS

Asking for someone's opinion

What do you think about ...?

Giving an opinion

I think .../I (just) don't think .../If you ask me ... The thing is .../To be honest ...

Agreeing with an opinion

I agree./That's true./Absolutely!

Half agreeing with an opinion

I'm not so sure about that./I'm not convinced.

Disagreeing

That's not true./I'm sorry, I don't agree with you.

Disagreeing strongly

No way! (informal)/Are you kidding? (informal) I'm afraid I completely disagree.

Note:

If you have no strong opinions, you can say: Personally, I don't feel strongly one way or the other.

- 4 CD-1.44 MP3-44 Read the opinions below and choose the appropriate responses in a and b. Then listen and check.
 - 1 I think female athletes should earn the same salary as male athletes.
 - a lagree No way! All athletes should be paid equally.
 - **b** Absolutely / I'm not convinced. Men have to work harder.
 - 2 If you ask me, running is the best sport in the world.
 - a I'm afraid I completely disagree. / That's true. You can do it anywhere and any time.
 - **b** Absolutely. / That's not true. Playing team sports is much better.
 - 3 In my opinion, golf is for old people.
 - a lagree. / I'm not convinced. It's too slow for young people.
 - **b** Are you kidding? / I agree. I'm twenty and I love playing golf.
 - **4** I think boxing should be banned. It's too dangerous.
 - a Absolutely. / No way! I think it's great.
 - **b** I'm sorry, I don't agree with you. / That's true. It's too violent.
- 5 In pairs, practise the dialogues in Exercise 4. Choose answer a or b according to your own opinion.
- 6 In pairs, discuss the topics below. Use the SPEAKING FOCUS to help you.
 - Extreme sports should be banned.
 - We should do more sport at school.
 - There's too much sport on TV.
 - Animals should not be used in sport.

2.7 Writing

A narrative

I can describe events in the past in writing

- 1 Make lists of the following. Then compare your ideas with a partner.
 - 4 sports I have tried
 - 3 sports I haven't tried but would like to
 - 2 sports I would never try
- 2 Read Rob's blog entry. Did he enjoy the experience he describes?

www.robsblog.eu

16 Feb, added by Rob

Last month, my girlfriend and I went to Austria and tried snowboarding. We'd both skied before, but snowboarding was a completely new sport for us.

We'd booked some lessons before we arrived, and on the

- first morning we hired our helmets, boots and boards. We were both feeling quite nervous, but very excited as we took the lift up the mountain. The first lesson was really challenging and we fell over A LOT! By the end of the first day, we were exhausted.
- The following morning, our legs were aching and tired, but we didn't give up. After three days of lessons, we felt more confident and we were really starting to enjoy ourselves.
 On the fourth day, we tried a more difficult slope and I'm proud to say I got all the way to the bottom without falling
 over.

By the end of the week, we'd both fallen in love with snowboarding and we didn't want to go home. Snowboarding requires determination, but I'd definitely recommend it. We can't wait for next winter and the chance to do it all again.



Read the blog again and put the events in chronological order.

- a They didn't want to go home.
- **b** They took the lift up the mountain.
- c They booked snowboarding lessons.
- **d** Rob got to the bottom without falling over.
- e They went skiing.
- **f** They had their first lesson.
- g They hired helmets, boots and boards.

- 4 Discuss the questions in pairs.
 - 1 Have you ever tried snowboarding or skiing? In what ways was your experience similar or different to Rob's?
 - 2 If you haven't tried the two sports yet, would you like to? Why?/Why not?
- 5 Read the WRITING FOCUS. Then complete it with the words and phrases in purple from the blog entry in Exercise 2.

WRITING FOCUS

A narrative

- In the first paragraph, say where and when the events took place and who was involved.
 - Last winter, 1 my girlfriend and I went to Austria ...
- In the main paragraphs, use narrative tenses to say what happened and how you felt. (see lesson 2.2)
- Use linkers to describe the events in sequence.
 - Beginning: ²_____ we arrived/left/got there, (at) first, on the first morning/day
 - Middle: then, later, the ³_____ morning, after that, on the third day
 - End: eventually (= after a long time), finally, in the end
 - Other: 4_____ the first day/lesson/journey
- In the final paragraph say what happened in the end and how the people involved felt.
 - By the end of the week, we'd both fallen in love with snowboarding.
- Finish with a general point, something for the reader to think about, or something about the present or future.
 Snowboarding requires determination, but I'd definitely recommend it.
- 6 Find and underline examples of each narrative tense (Past Perfect, Past Continuous and Past Simple) in the blog entry.
- 7 Choose the correct linkers to complete the story.

Last weekend, ¹after/ then three months of training, my friends and I completed our first 100-kilometre walking race. ²Finally / On the first morning 76 competitors met at the start and at 8 a.m. the race began. ³After six hours / At first our group reached the very first rest stop. ⁴Finally / By the end of the first day we'd walked 43 kilometres. ⁵The following morning / The day before, we started walking again at 5 a.m. ⁶Eventually / Before, we reached the finish after 32 hours of walking. We were extremely tired but very proud of ourselves.

- 8 Think of a time when you had a new experience or tried a new activity for the first time. Write a blog entry of at least 100 words and:
 - say where and when the experience took place and who was involved
 - describe what happened
 - say how you and the other people involved felt
 - say what happened in the end.

Use the WRITING FOCUS to help you.

Student's MP3•3

Types of sport Dyscypliny sportu

archery /ˈɑːtʃəri/ łucznictwo athletics /æθ'letɪks/ lekkoatletyka badminton /'bædmɪntən/ badminton baseball /ˈbeɪsbɔːl/ baseball basketball /'baskətbəsl/ koszykówka boxing /'boksin/ boks canoeing /kəˈnuɪŋ/ kajakarstwo competitive sport /kəm,petətiv 'sport/ sport wyczynowy cricket /ˈkrɪkət/ krykiet cycling /ˈsaɪklɪŋ/ kolarstwo extreme sport /ɪkˌstriɪm 'spoɪt/ sport ekstremalny football /ˈfutbɔːl/ piłka nożna

golf /golf/ golf hockey /ˈhɒki/ hokej na trawie ice hockey /'aɪs ˌ hɒki/ hokej na lodzie individual/team sport /ində'vidzuəl/ti:m sport/

sport indywidualny/zespołowy indoor/outdoor sport /'ındɔː/ˌautˈdɔː spɔːt/ sport halowy/sport uprawiany na świeżym powietrzu jogging /ˈdʒɒgɪŋ/ jogging

judo /ˈdʒuːdəʊ/ judo karate /kəˈrɑːti/ karate kung fu /ˌkʌŋ ˈfuː/ kung fu long jump /'lɒŋ dʒʌmp/ skok w dal motor racing /'məutə reisin/ wyścigi samochodowe

rugby /ˈrʌgbi/ rugby sailing /ˈseɪlɪŋ/ żeglarstwo skating /ˈskeɪtɪŋ/ łyżwiarstwo skiing /ˈskiːɪŋ/ narciarstwo snowboarding /'snouboarding

squash /skwɒʃ/ squash summer/winter sport /'sʌmə/'wɪntə sport/ sport letni/zimowy

swimming / swimin/ pływanie (table) tennis /('terbal) tenas/ tenis (stołowy) volleyball /'voliboxl/ siatkówka wind-surfing /'wind issifin/ windsurfing wrestling /'reslin/ zapasy, wrestling

Places where you do sport Miejsca uprawiania sportu

athletics track /æθ'letiks træk/ bieżnia basketball/volleyball court /'baskətbə:l/'vplibə:l ko:t/ boisko do koszykówki/siatkówki boxing/wrestling ring /'boksɪŋ/'reslɪŋ rɪŋ/ ring bokserski/do wrestlingu

cricket/football/rugby/hockey pitch /'krɪkət/ 'futbo:l/rʌgbi/'hɒki pɪtʃ/ boisko do krykieta/piłki

nożnej/rugby/hokeja na trawie cycle/motor racing track /'saɪkəl/'məutə ˌreɪsɪŋ træk/ tor kolarski/samochodowy

golf course /'gplf kass/ pole golfowe gym /dʒɪm/ siłownia, sala gimnastyczna ice rink /'aɪs rɪŋk/ lodowisko

(Olympic) swimming pool /(əˌlɪmpɪk) 'swɪmɪŋ puzl/ basen (olimpijski)

sailing club /ˈseɪlɪŋ klʌb/ klub żeglarski ski resort /'skiː rɪ,zɔːt/ ośrodek narciarski (ski) slope /('ski:) sloup/ stok (narciarski) squash/tennis court /'skwpʃ/'tenəs kəːt/ kort

tenisowy/do squasha stadium /'sterdiam/ stadion

Sports equipment Sprzęt sportowy

badminton/squash/tennis racket /'bædmɪntən/ 'skwpʃ/'tenəs ,rækət/ rakieta do badmintona/ squasha/tenisa

baseball/cricket bat /'beisboil/'krikət bæt/ kij do baseballa/krykieta boots /burts/ buty (np. narciarskie/do

snowboardu) golf club /'golf klab/ kij golfowy

helmet /'helmət/ kask hockey stick /'hɒki stɪk/ kij do hokeja kit /kɪt/ strój

red/yellow card /red/jelau 'kaid/ czerwona/ żółta kartka

(snow)board /('snəu)boːd/ deska do snowboardu table tennis bat /'terbəl tenəs bæt/ rakietka pingpongowa

trainers /'treinəz/ buty sportowe

People in sport Ludzie sportu

athlete /ˈæθliːt/ lekkoatleta/lekkoatletka captain /'kæptən/ kapitan coach/trainer /kəutʃ/treɪnə/ trener/trenerka fan /fæn/ kibic footballer /'futboxlə/ piłkarz/piłkarka qoalkeeper /'gəul,kiːpə/ bramkarz/bramkarka opponent /əˈpəunənt/ przeciwnik/przeciwniczka opposing team /əˌpəuzɪŋ 'tiːm/ przeciwna

drużyna player /'pleiə/ gracz referee /refəˈriː/ sedzia rival /ˈraɪvəl/ rywal/rywalka runner /ˈrʌnə/ biegacz/biegaczka spectator /spek'teitə/ widz team-mate /'ti:m meit/ kolega/koleżanka z drużyny

Types of sports competitions Rodzaje zawodów sportowych

cycle race /'saɪkəl reɪs/ wyścią kolarski FA Cup /ef 'eɪ kʌp/ Puchar Anglii w piłce nożnej final /'faməl/ final league /liɪg/ liga

(long-distance) race /(,lon 'distants) reis/ bieg (długodystansowy)

marathon /ˈmærəθən/ maraton

match /mætʃ/ mecz

Paralympics/Paralympic Games / pærəˈlɪmpɪks/ ,pærə'lımpık geimz/ paraolimpiada

sporting/sports event /'sportin/'sports i,vent/ wydarzenie sportowe

tournament / tuonomont/ turniej walking race /'working reis/ zawody w chodzie sportowym

Competing in sports Współzawodnictwo w sporcie

beat an opponent/the champion /birt an ə'pəunənt/ðə 'tſæmpiən/ pokonać przeciwnika/ mistrza

blow a whistle / blou a 'wisəl/ zagwizdać,

bounce/catch/hit/kick/pass/throw a ball /bauns/kætʃ/hɪt/kɪk/paɪs/θrəu ə 'bɔɪl/ odbijać/ złapać/uderzyć/kopnąć/podać/rzucić piłkę

break a world record /breik ə waild rekaid/ pobić rekord świata

chase after sb /'tseis aiftə sambodi/ gonić kogoś come first/second/last /knm 'fast/'sekand/'last/ być pierwszym/drugim/ostatnim na mecie

compete /kəm'piːt/ współzawodniczyć dive for the ball /darv fo do 'boxl/ rzucić się na piłkę

do sport /duː 'spoɪt/ uprawiać sport enter a competition /enter a kompetisfen/ przystąpić do zawodów

gold/silver/bronze medal /,gəuld/'sɪlvə/,bronz 'medl/ złoty/srebrny/brązowy medal

keep/stay fit /,ki:p/,ster 'fit/, keep/stay in shape /ki:p/stei in 'seip/ utrzymywać dobrą formę lead /liːd/ prowadzić

lose a match/a game /ˌluɪz ə 'mætʃ/ə 'geɪm/ przegrać mecz

lose a point /ˌluːz ə 'pɔɪnt/ stracić punkt overtake /əuvə'teik/ wyprzedzić position /pəˈzɪʃən/ pozycja

qualify for /'kwpləfaɪ fə/ zakwalifikować się do score /skɔː/ wynik

score a goal/a point /skor ə 'gəul/ə 'point/ zdobyć gola/punkt

set a new (world) record /set a nju: (wa:ld) 'rekoːd/ ustanowić nowy rekord (świata) speed /spiːd/ prędkość speed up / spird 'Ap/ przyspieszać take part in /teɪk 'puɪt ɪn/ brać udział w training session /'treɪnɪŋ ˌseʃən/ sesja treningowa win a prize/a match/a game /win ə 'praiz/ə 'mætʃ/ə 'geɪm/ wygrać nagrode/mecz win a point /win ə 'point/ zdobyć punkt

Injuries and disabilities Urazy i niepełnosprawność

ache /eɪk/ boleć break your neck / breik ja 'nek/ skręcić kark disabled /dɪs'eɪbəld/ niepełnosprawny fall over/have a fall /ˌfɔːl 'əuvə/ˌhæv ə 'fɔːl/ upaść get injured / get 'Indzəd/ doznać urazu (spinal) injury /('spaɪnl) ˌɪndʒəri/ uraz (kręgosłupa) hurt yourself /ˈhɜːt jɔːˌself/ zrobić sobie krzywdę overcome your disability /ˌəʊvəˌkʌm jə

disə'biləti/ przezwyciężyć niepełnosprawność prosthetic leg /pros θετικ 'leg/ proteza nogi tragedy /'trædʒədi/ tragedia

wheelchair /'wi:ltseə/ wózek inwalidzki

Personal qualities Przymioty charakteru

caring /'keərɪŋ/ troskliwy courage /'kʌrɪdʒ/ odwaga courageous /kəˈreɪdʒəs/ odważny determination /dɪˌtɜːməˈneɪʃən/ determinacja determined /dɪ'tɜːmənd/ zdeterminowany generosity /ˌdʒenəˈrɒsəti/ hojność generous /ˈdʒenərəs/ hojny inspiration / Insparelfan/ inspiracja inspiring /ɪnˈspaɪərɪŋ/ inspirujący likeable /'laɪkəbəl/ sympatyczny modest /'mpdəst/ skromny modesty /ˈmɒdəsti/ skromność passion /'pæʃən/ pasja passionate /ˈpæʃənət/ be passionate about sth – pasjonować się czymś

positive /'pɒzətɪv/ optymistyczny, z pozytywnym nastawieniem

positive attitude / pozativ 'ætatju:d/ pozytywne nastawienie

Other Inne

achieve /əˈtʃiːv/ osiągnąć

become a member of (a club) /bi,knm ə 'membər əv (ə ˌklʌb)/ zostać członkiem (klubu) challenge /'tsælanda/ wyzwanie copy / kppi/ naśladować **crash through** /'kræʃ θruː/ przedzierać się przez devastated /'devastertad/ zdruzgotany fulfil your ambitions /ful,fil jər æm'bıʃənz/ zaspokoić ambicje give up/give sth up /,gɪv (,sʌmθɪŋ) 'ʌp/ poddać się/rzucić coś grow up /ˌgrəʊ ˈʌp/ dorastać

join a club /,dʒɔɪn ə ˈklʌb/ wstąpić do klubu keep up with sb /kirp 'np wið sambədi/ dotrzymać komuś kroku

look up to sb / luk 'np tə sambədi/ podziwiać

make up / merk 'np/ wymyślić make your mind up /merk jə marnd np/

zdecydować się miss the chance /mis ðə 'tʃains/ stracić szansę play a role /plei ə 'rəul/ grać role

role model /ˈrəʊl ˌmɒdl/ wzór do naśladowania set out on sth /ˌset ˈaut ɒn ˌsʌmθɪŋ/ rozpocząć coś take sth up /ˌteɪk ˌsʌmθɪŋ ˈʌp/ zająć się czymś (np. zacząć uprawiać sport)

triumph / traiemf/ triumf



MATURA FOCUS REVIEW 2

SŁOWNICTWO I GRAMATYKA

Wykreśl słowo, które nie pasuje do pozostałych wyrazów w danej grupie.

- 1 ice hockey cricket skating skiing
- 2 squash badminton volleyball
- **3** race stadium ice rink
- **4** bat stick club whistle
- **5** opponent spectator athlete goalkeeper
- 6 lead break hurt

2 Wybierz poprawne słowo.

- 1 The coach / referee showed two red cards during the first half of the match.
- 2 First, practise bouncing / kicking a basketball with your right hand; then, stop and continue with your left hand.
- 3 Tony showed great determination / courage to win when he decided to continue the race with a serious injury.
- 4 I'm sure Britain will win / beat France tomorrow.
- 5 When she turned 18, Eva decided it was time to grow up and give up / set out certain childish habits.
- 6 We've booked a volleyball pitch / court for Friday. Do you want to come and play with us?

3 Napisz pełne zdania, używając podanych słów i czasów: Past Simple, Past Continuous lub Past Perfect.

- 1 The match / not / start / at 7 o'clock / because / it / snow / then
- 2 Ann / get / lots of money / when / she / win / the tennis competition?
- 3 John / buy / a squash racket / even though / he / not / play / squash / before
- 4 you / play / golf / when / you / hurt / yourself?
- 5 | / swim / leisurely / when / suddenly / someone / jump / into the pool
- 6 When / Juliet / get home / Henry / already / go to / the match

Wybierz poprawne odpowiedzi.

- 1 I don't think my parents will let me go / to go to the rugby championship on my own.
- 2 The doctor has advised me give up / to give up professional sport if I don't want to get injured seriously.
- 3 Tim tends gaining / to gain weight easily, so he has to be very active to stay in shape.
- 4 You really should stop wasting / to waste your time at table tennis practice.
- 5 Everyone at the stadium expected their team winning / to win the match.
- 6 I can't help laughing / to laugh when I see that video of me trying to learn to ski.

ŚRODKI JĘZYKOWE

PARY ZDAŃ, PARAFRAZA ZDAŃ

5 Z podanych odpowiedzi A-C wybierz tę, która poprawnie uzupełnia luki w obydwu zdaniach każdej pary.

1	I lost my favourite golf $__$ while travelling to Scotland
	last week.
	If I were you, I would look for a sailing in your town
	A course B race C club
2	Tim and Liam have known each other for ages, but they
	have never on very well.
	The British team lost after one of their players had
	seriously injured.
	A been B got C reported
3	Has the jump competition finished yet? Who's the
	winner?
	Ann used to have blond hair when she was a little gir
	A long B high C medium
4	No one has managed to this world record for more
	than 10 years.
	Be careful on the stairs – you don't want to your neck
	A hit B hurt C break
5	Jason nearly won the competition, but he came
	Mark's wife was a goalkeeper in a women's
	professional league.
	A first B second C last
6	When we first started running together, I couldn't
	un with my sister

6 Z podanych odpowiedzi A-C wybierz tę, która ma znaczenie najbliższe podkreślonemu fragmentowi zdania.

B be

Wskazówka maturalna

A keep

The best way to

W przypadku parafraz znaczenie wybranej odpowiedzi powinno być jak najbliższe znaczeniu podkreślonego fragmentu, tak aby całe zdanie zachowało ten sam sens.

- 1 Joanna Smith is now an international star, but I remember when she became a member of our local karate club.
 - **A** pursued
- **B** joined

fit is to do some exercise every day.

C do

- 2 If you ask me, golf is a very boring sport. A lagree that
 - - **B** I'm sorry but **C** I think that
- 3 The athletes completed the 20-kilometre run and they were getting ready for the swimming race.
 - A After the athletes had completed the 20-kilometre run,
 - B Before completing the 20-kilometre run,
 - C While the athletes were completing the 20-kilometre run,
- 4 John is thinking about taking up a sport: rugby or squash. But he still hasn't decided which one to do.
 - A blown a whistle C fulfilled his ambitions
 - B made up his mind
- 5 The local football team coach tries not to talk to the press after his team loses a match.
 - A stops talking B refuses to talk C avoids talking

SŁUCHANIE

DOBIERANIE

7 CD-1.45 MP3-45 Usłyszysz dwukrotnie rozmowę Jima i Beth. Odpowiedz na pytania 1–5, zaznaczając odpowiednią rubrykę.

Wskazówka maturalna

Pamiętaj, że na dany temat mogą wypowiadać się obie osoby, jednak informacja podana w pytaniu jest prawdziwa tylko w przypadku jednej z nich.

Which person		Jim	Beth
1	needs to get new equipment?		
2	has improved his/her performance recently?	Ш	
3	has already won a competition?		
4	is optimistic?		
5	has a competition at 1 o'clock?		

CZYTANIE

DOBIERANIE NAGŁÓWKÓW

- 8 Do każdej części tekstu 1–4 dopasuj nagłówek A–F. Dwa nagłówki zostały podane dodatkowo i nie pasują do żadnej części tekstu.
 - A A ceremony difficult to understand
 - **B** Celebration of a bright future
 - C A special place in history
 - **D** The people who built the stadium
 - **E** The story of the country's people and places
 - F The greatest ever show on earth

Olympic Opening Ceremonies

The Olympic Opening Ceremony is always a highlight of the games. Read on to find out how different cities have used the ceremony to promote their countries.

. 1 ___

Sydney 2000: This opening ceremony was a colourful display of what Australia was and what it is now. It told the story of Australia from its earliest history to the youthful, energetic, multi-cultural country it has become. The show celebrated Aboriginal culture, the great Australian landscape, the cities, the people that built them, and the country's immigrant population who helped it grow.

2

Athens 2004: The Olympics had returned to their home and Greece proudly presented a stunning picture of its achievements. The centre of the stadium filled with water and a young boy in a simple boat sailed across it. It looked like a tiny boat on a huge ocean, but the meaning wasn't difficult. It symbolized Greece as a small country with big ideas that changed the world.

3

Beijing 2008: In the spectacular Bird's Nest Stadium, the opening ceremony was an awesome display with 15,000 performers, including about 2,000 drummers, incredible acrobatics and 30,000 fireworks. China aimed to show the world just how powerful and wealthy it had become, and it certainly made its point that night. Will any future ceremony ever be bigger than Beijing?

4

London 2012: This ceremony was a huge contrast with Beijing's. It replaced Chinese power and precision with British eccentricity, fun and a sense of humour. However, that humour left many international viewers surprised at the sight of sheep, Lord Voldemort, dancing nurses and Queen Elizabeth II parachuting with James Bond into a packed Olympic Stadium.

MÓWIENIE

ROZMOWA Z ODGRYWANIEM ROLI

9 Pracując w parach, wykonajcie zadanie egzaminacyjne.

UCZEŃ A

Twoja szkoła chce zorganizować Rodzinny Dzień Sportu. Twoja klasa jest odpowiedzialna za przygotowanie zawodów w dowolnie wybranej dyscyplinie sportu. Wraz z kolegą/koleżanką opracowujecie plan tych przygotowań. Poniżej podane są cztery kwestie, które musicie omówić. Rozmowę rozpoczynasz ty.



UCZEŃ F

Jesteś kolegą/koleżanką ucznia A. Wasza szkoła chce zorganizować Rodzinny Dzień Sportu, a twoja klasa jest odpowiedzialna za przygotowanie zawodów w dowolnie wybranej dyscyplinie sportu. Razem z uczniem A zastanawiacie się, jak to zrobić. W zależności od tego, jak potoczy się rozmowa, wykorzystaj wszystkie lub wybrane zdania. Rozmowę rozpoczyna uczeń A.

- So, tell me, what kind of sports competition should we organise?
- I'm not sure it's a good idea.
- I think we need to organise the competition for different age groups.
- What exactly do you mean by (a small prize)?

PISANIE

BLOG

10 Przeczytaj zadanie egzaminacyjne. Spośród podanych opcji a–c wybierz tę, która najlepiej pasuje do zadania.

W twojej szkole organizowany był niedawno Dzień Sportu. Podziel się wrażeniami z niego na swoim anglojęzycznym blogu.

- Wyraź i uzasadnij swoją opinię na temat wydarzeń tego typu.
- Ópisz przebieg zawodów sportowych, w których brałeś/ brałaś udział.
- Wyjaśnij, kiedy spróbowałeś/spróbowałaś tego sportu po raz pierwszy.

Rozwiń swoją wypowiedź w każdym z czterech podpunktów. Długość tekstu powinna wynosić od 80 do 130 słów.

- a Przedstaw wady uprawiania sportu przez młodzież.
- **b** Przedstaw swoje plany dotyczące uprawiania sportu.
- c Przedstaw najpopularniejszy sport w twoim kraju.
- 11 Wykonaj zadanie egzaminacyjne z ćwiczenia 10.